

PREVENTION AND SCREENING PROGRAM

Are you at risk for PANCREATIC CANCER?



Eisenhower Health, affiliated with UC San Diego Health Cancer Network, now offers prevention and screening services for those who may have an increased risk of developing pancreatic cancer. Pancreatic cancer screening is relatively new, but holds great promise in both prevention and in early diagnosis, at a stage when the cancer is more treatable.

Risk Factors

An increased risk could be based on (but not limited to) any of these factors:

- Presence of a pancreatic cyst
- Family history of pancreatic cancer
- History of pancreatitis
- Carrying a genetic mutation that increases pancreatic cancer risk

Services

Your recommendations may include:

- Ongoing surveillance
- Evaluation and diagnosis of cysts using our advanced imaging techniques
- Surgery for treatment of cysts with high risk of cancer development
- Nutrition and lifestyle changes
- Genetic testing to determine whether you have a genetic mutation associated with pancreatic cancer

How to Get Started

Talk with your doctor about whether you meet the criteria for referral.

If you meet criteria you will be scheduled for a thorough review of your medical records. You will be evaluated by a surgeon and/or gastroenterologist. Your case will then be reviewed by the multidisciplinary team, which includes surgical oncologists, gastroenterologists, radiologists, nutritionists and others. The team will create a personalized plan focusing on prevention, early detection and (if necessary) treatment.

Contact Information

For more information, please contact our Program Nurse Navigator at 760-837-8914.

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UC San Diego Health
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