

Live Healthy!

EISENHOWER
SUPPORT GROUPS

Type 1 Diabetes Support Group

Tools, Tricks and Technologies

*Call Diabetes Education Services at 773-1403 or
contact Marielena Cid at mcid@eisenhowerhealth.org for reservations.
Held in person at the Probst Building, Suite 100B.*

Third Tuesday of the month
3 to 4:30 p.m., October – June

Topics May Include:

- Self Management and Sharing Experiences
- Current Technologies, Trials and Treatments
- Guest Speakers
- Troubleshooting
- Preventing and Managing Complications
- Carb Counting and Dining Out
- Managing Diabetes Burnout
- Group Discussions, Questions and Answers



EISENHOWER HEALTH

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