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2016-2017 Nursing Biennial Report

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On the cover of this report, you will see what it means to be a nurse at Eisenhower Health. It is not by chance that nurses chose to associate their profession with these words, because passion for excellence is the hallmark of an Eisenhower nurse.

As we celebrate the many accomplishments of the last two years, we remain committed to work with Eisenhower's medical staff and all of our professional colleagues to continue our journey as a high performing, and relationship-based caring organization. We will continue to raise the bar in patient care, patient safety and patient satisfaction.

I commend the many nurses who have pursued and are pursuing advanced education and specialty certification. I am also proud of Eisenhower nurses who have joined together to create a shared vision of compassion and clinically exceptional caring through the entire continuum, encompassing maintenance of health and healing in every setting in which nursing care is rendered.

my inspiration.

an mastafi

Ann Mostofi, MSN, RN, NEA-BC Vice President, Patient Care Services and Chief Nursing Officer

It has been an honor and privilege for me to support the extraordinary work of my nursing colleagues. Their stories and achievements are truly

ABOUT EISENHOWER HEALTH





In earning Magnet[®] accreditation in 2015, Eisenhower proved its commitment to nursing excellence and to providing the kind of excellent care our community has come to expect from Eisenhower. Just as impressive, however, is what all of you have accomplished in the three years since achieving Magnet recognition - a significant number of BSNs and advanced degrees, evidence-based research, innovative projects for continuous improvement – all hallmarks of dedicated and engaged colleagues who bring their best to the calling of being a nurse. Thank you for your ongoing commitment; you have made an indelible mark on the culture of Eisenhower Health.

G. Aubrey Serfling President and Chief Executive Officer



I often say that Eisenhower is an amazing place and I know our nurses believe it, too. In the past year, Nurses.org recognized Eisenhower as the best place in California for nurses to work based on reviews submitted by our nurses. Our nurses' level of engagement in providing excellent patient care has only grown since we achieved Magnet recognition at Eisenhower. I thank all of you for your continued desire to make Eisenhower Health an amazing place to grow as professionals and care for patients with the utmost professionalism and clinical excellence.

Martin Massiello

Executive Vice President and Chief Operating Officer



4 NURSING BIENNIAL REPORT 2016-2017

In the two years since Eisenhower achieved Magnet[®] status, we have seen continuous innovation from our nursing staff and an unwavering commitment to improving the quality and safety of the care that we provide our community. The hard work of our nurses, physicians and staff has led to various ranking agencies, including US News and World Reports and the Centers for Medicare and Medicaid Services, ranking Eisenhower among the top hospitals in the country. More importantly, it has had a tangible impact on the lives of our patients and their families.

I extend my deepest appreciation to our nursing staff and leadership for their continued commitment to excellence in healthcare and fulfilling the mission and vision of Fisenhower Health.

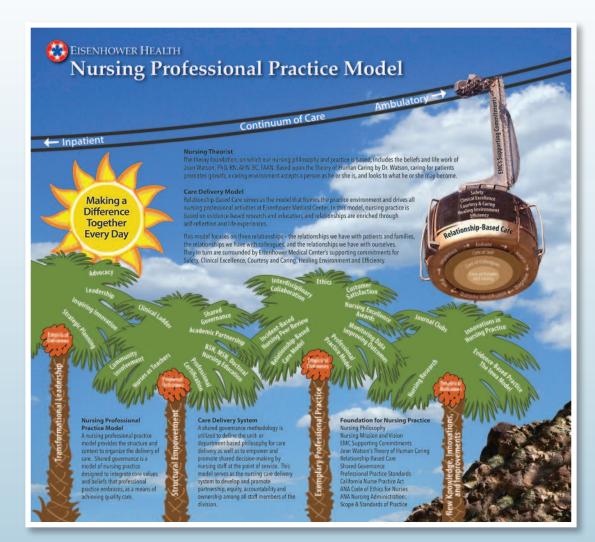
Alan Williamson, MD Vice President, Medical Affairs

Hospital Profile: July 1, 2016 to June 30, 2017						
Licensed beds	463					
Net patient revenue	\$667,709,132					
Inpatient admissions	19,784					
Number of patient days	79,402					
Average length of stay 4.0						
Number of outpatient visits	314,243					
Number of Emergency Department visits	83,129					
Number of surgeries 16,680						



Eisenhower Health's nursing team is made up of registered nurses, licensed vocational nurses and patient care assistants.

	RNs	LVNs	PCAs
Number employed	1002	178	216
Skill mix	71.6	13.1	15.3
Average length of service	8.51	4.45	6.67



The Foundation of Eisenhower Health's Nursing Professional Practice Model

The Professional Practice Model (PPM) defines the organizational mechanisms through which nurses are able to develop as professionals and advance nursing practice. Empowered nurses are the foundation of the PPM that supports organizational leadership, the nurse and patient environment, and the advancement of nursing practice. When nurses are empowered, they are able to elevate nursing practice and prepare future nurses through professional development.

Eisenhower Health's Nursing Professional Practice Model was designed by a subcommittee of the Magnet Ambassador Council and rolled out during the November 2013 Nursing Congress. Through shared governance meetings and nursing forums, the Magnet Ambassadors gathered ideas for the new model. They translated these into a storyboard illustration that would become the new PPM. The symbolic representation of the PPM is the



cornerstone of nursing relationships, values, organizational nursing structures and practices.

The beautiful desert environment surrounded by mountains sparked the idea for the background. The sun in the model bears the words, "Making a Difference Together Every Day". The tram that transports visitors daily from the desert floor to the snow-topped mountains provided the symbolism and connection for the delivery of Relationship-Based Care from outpatient to inpatient settings and home.

The PPM is displayed prominently in public view on nursing units and in ambulatory departments which generates dialogue with patients, family members and visitors about the model. Patients, family members and visitors have commented on the uniqueness of the model that also educated them about all aspects of care provided by nursing staff.



By late spring desert life is calming down, but not on the Eisenhower campus where there's a sense of excitement, a hint of anticipation in the air. Fluff the

tissue paper and cue the delivery trucks, Greg and Stacey Renker are bringing a little Christmas...in May. Gift bags filled with Guthy-Renker[®] products find their way to 1,300 Eisenhower nurses.

For well over a decade, the Renkers have been honoring the nursing staff during National Nurses Week. which always ends on Florence Nightingale's birthday on May 12. It's their



Greg and Stacey Renker

way of saying, "thank you," for the incredible service and dedication nurses bring to their patients and community. The Renkers know firsthand the importance of exceptional nursing care.

"The care we received from the doctors and nurses at

Eisenhower was second to none," Stacey states in a Healthy Living magazine article chronicling their experiences. Adds Greg, "And when you're given a

> second chance, make sure those around you know how much you appreciate them!"

So, what's in that bundle of appreciation? It's brimming with an assortment of Guthy-Renker's best-selling brands — hair care products, body lotions, cosmetics and personal care items. It's a swag bag of Hollywood proportions.

"When Nurses Week rolls around each year, l'm overwhelmed by the Renkers'

generosity," marvels Ann Mostofi, MSN, RN, NEA-BC, Vice President, Patient Care Services and Chief Nursing Officer. "I can't think of another company or person who would reach out with such a large material gift, and one that's so meaningful to so many nurses."

"A big part of nursing is taking care of patients and pampering them at times," says Marielena Cid, BSN,

RN, CDE, PHN, Manager, Eisenhower Diabetes Program, and 2015 Nurse of the Year. "It's nice to be on the receiving end of that gesture!"

That sentiment reverberates through every department. Emergency Department nurse Susan Veldey, RN, 2016 Nurse of the Year, is deeply grateful to the Renkers for the acknowledgement."You have no idea what an impact that a bag of cosmetics and such can have on a person," she notes. "Thank you for thinking of us, for caring enough to send a gift our way, and going out of your way to make me feel special and appreciated."

The Renkers aren't the only ones to notice the incredibly talented nursing staff deployed at Eisenhower. This year, Nurses.org named Eisenhower



Marielena Cid, BSN, RN, CDE, PHN Eisenhower Diabetes Program Manager 2015 Nurse of the Year



Susan Veldey, RN **Eisenhower Emergency Department** 2016 Nurse of the Year

as the number one hospital for nurses in California, and it remains the only Coachella Valley hospital

to achieve Magnet[®] recognition by the American Nurses Credentialing Center (ANCC) Magnet Recognition Program. That is rarefied air, given that only seven percent of the nation's nearly 6,000 hospitals hold this prestigious designation for nursing excellence and outstanding patient care.

"When we had our first Magnet survey, Mr. Renker made a special point to meet with the surveyors along with the administrative team," Mostofi relates, "He talked about nursing care and as a board member what it meant to the community, and how important nursing care was for patients. That was very meaningful to us."

"The gift from the Renkers is like the icing on the cake," she adds.



Gifts to Udwance Education Generous Support of Eisenhower's Nursing Staff

Eisenhower Health nurses are so grateful to the generous donors who have made continuing education and attendance at professional nursing conferences possible.

The generosity of our donors provides resources for education and training that permits us to transform the health of our patients through the power of nursing.

Gratitude is a powerful expression of the heart ...

"Attending this conference made me a more confident nurse, with real life skills that I can use when I care for my patients."

"I learned so much about different treatment protocols and ways to provide care for patients with strokes. I am looking forward to sharing this information with my co-workers."

"I had never been to a Magnet Conference before. I was so overwhelmed by the volume of evidencebased presentations. I identified several projects that could be implemented on my unit. I am so proud to be Magnet nurse."

Mr. and Mrs. Gary P. Brinson

The Brinson Foundation

Since 2006

Barker Foundation

Since 2007

Eisenhower Health Assists Taiwan Adventist Hospital

The American Nurses Credentialing Center's (ANCC) Magnet Recognition Program[®] is fast becoming an international phenomenon. Although there are only five countries outside the United States with Magnet hospitals, nurses from other countries are learning about Magnet at conferences around the world.

Magnet Recognition[®] is the highest national recognition any hospital can receive, demonstrating excellence in nursing. In fact, it was Eisenhower's reputation as a Magnet Hospital that compelled Taiwan Adventist Hospital (TAH) to approach us for help to prepare for Magnet designation and share their journey to nursing excellence.

Two groups of nurses from TAH visited Eisenhower Health for a week in both June and August 2016. The purpose: to learn about Magnet, the necessary infrastructure required to support Magnet and how nurses use their authority, autonomy and accountability as they care for patients and families.



Left to right: Taiwan Adventist Hospital RNs—Jody Chang, Mandy Liu, Sophia Lin, and Nicole Hung



Left to right: Taiwan Adventist Hospital RNs—Hong-Ying Li, Li-Lin Wang, Jasmine Shen, and Michelle Chao

In January of 2017, Pauline Liu, MSN, RN, Magnet Project Manager, TAH; Connie Chow, MSN, RN, NEA-BC, Chief Quality Officer, TAH; and Heather Hsu, PhD, RN, Vice President / Chief Nursing Officer, TAH, visited for a second time. Their visit focused on the role of transformational leadership in supporting a Magnet culture.

Below: Hospital/Nursing Leadership and Clinical Nurses participate in the 2017 Magnet Program Professional Exchange



Taiwan Adventist Hospital has applied for Magnet destination and is actively completing required documentation for an April 1, 2019 submission date. In November 2017, Dixon Bennett, MSN, RN, PMHCNS-BC,



Left to right: Taiwan Adventist Hospital Nurse Leaders— Pauline Liu, MSN, RN, Magnet Project Manager; Connie Chow, MSN, RN, NEA-BC, Chief Quality Officer; and Heather Hsu, PhD, RN, Vice President/Chief Nursing Officer

Director, Magnet Program, traveled to Taiwan to work with the staff to complete a gap analysis and review exemplars for their Magnet document. We are all so very proud of their growth and accomplishments.



Recognition for seven American participants who attended the conference. Susan Veldey, fourth from left

Vietnam Murse Project

First established by Gregory Crow, EdD, RN, in 2007, the Vietnam Nurse Project is an ongoing academic service partnership between the University of San Francisco School of Nursing and Health Professions and health care colleagues in Vietnam. The project is focused on improving the health and well-being of the people of Vietnam by improving the education, training and practice of the nurses who serve them. The project's goals include working closely with nurse leaders and the Vietnam Nurses' Association to develop leaders. Leaders will partner with the Ministry of Health and the Ministry of Education and Training in Vietnam to develop more effective nursing education and practice. This past year Susan Veldey, BSN, RN, CEN, participated in the Vietnam Nurse Project. She and a colleague, Ann Nguyen, MSN, RN, WSC, Regional Medical Center of San Jose, worked with the National Hospital for Tropical Diseases in Hanoi. Their project focused on improving nurses' knowledge of fluid balance in critically ill patients. In October 2017, Susan traveled to Vietnam to attend the sixth Vietnam Nursing Science Conference where outcomes of all projects were presented by participating hospitals. While there, Susan provided a lecture on Triage and Rapid Assessment of Emergency Room Patients to the nurse practice councils at Viet Duc Friendship Hospital and National Hospital for Tropical Diseases in Hanoi.

Note: A portion of this article was sourced from the University of San Francisco's website.

The DAISY Award for *Atraordinary Murses*

The DAISY Foundation was established in 1999 by the family of J. Patrick Barnes who died of complications of the auto-immune disease Idiopathic Thrombocytopenia Purpura (ITP) at the age of 33. DAISY is an acronym for Diseases Attacking the Immune SYstem. During Pat's eight-week hospitalization, his family was awestruck by the care and compassion his nurses provided not only to Pat but also to everyone in his family. One of the goals they set in creating a foundation in Pat's memory was to recognize extraordinary nurses everywhere who make an enormous difference in the

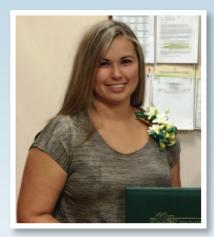
lives of so many people through the super-human work they do every day.

The DAISY Award is an international program that rewards and celebrates the extraordinary compassionate and skillful care given by nurses every day. Eisenhower Health is proud to be a DAISY Award Partner since January 2017, recognizing nurses throughout the year with this special honor. To find out more about the program, please visit DAISYfoundation.org.





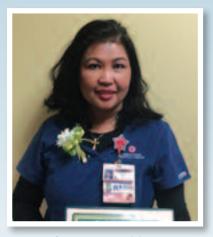
Quarter 1 - 2017 Marina Lorentz, RN, Clinical Coordinator Tennity Emergency Department



Quarter 2 – 2017 Dulce Litch Valenzuela, BSN, RN Critical Care



Quarter 3 – 2017 Gabriela King, RN Critical Care



Quarter 4 – 2017 Nerissa Sac, ADN, RN, OCN Medical/Surgical – 3 East

2016 Nursing Excellence Awards



2016 Eisenhower Health Nurse of the Year Susan Veldey

Awards in each category:

Anne Dyer, RN, 4 East

Nursing Excellence: Outpatient/Procedural Susan Veldey, BSN, RN, CEN

Nursing Excellence: Clinic Division Sally Wright, RN, Clinic Division

Advanced Practice Nurse Barbara Fulmer, MSN, RN, GNP-BC, CWOCN, CWCN-AP, Inpatient Wound Care

Clinical Nurse Change Agent/Thought Leader Christy MacKewen, RN Inpatient Rehabilitation Center

Brian Esser, BSN, RN, SCRN, 3 North

Rosemary Flaherty, RN Eisenhower Schnitzer/Novack Breast Center



2016 Nursing Excellence Award Winners Left to right: Christy MacKewen, Rosemary Flaherty, Sally Wright, Susan Veldey, Barbara Fulmer, Anne Dyer, and Brian Esser

Eisenhower Health's Nursing Excellence Awards formally recognize registered nurses for their efforts to promote and advance the nursing profession, for displaying caring and commitment to patients, families and co-workers, and for demonstrating leadership in the nursing profession.

- Congratulations, and thank you to every nominee and to each award recipient.
- The Nurse of the Year winners were selected by their peers from among three Nursing Excellence Award winners (Inpatient, Outpatient/Procedural and Clinic Division).



2017 Nursing Excellence Award Winners

Front row, left to right: Aleth Mangosing-Ignacio; Jessica Truax; Kera Arias; and Maria Robinson. Back row, left to right: Ann Mostofi, MSN, RN, NEA-BC, Vice President, Patient Care Services and Chief Nursing Officer; Sandra Schulz, Scholarship Chair, Eisenhower Health Auxiliary; Bobbie Galindo; Jeffrey Donardt; Taina Allen; and Alan Williamson, MD, Chief Medical Officer.

2017 Mursing Excellence Awards

Awards in each category:

Nursing Excellence: Inpatient Jessica Truax, BSN, RN, Intensive Care Unit

Nursing Excellence: Outpatient/Procedural Taina Allen, RN, Cardiac Catheterization Lab

Nursing Excellence: Clinic Division Bobbie Galindo, BSN, RN Eisenhower Lucy Curci Cancer Center Infusion Center

Advanced Practice Nurse Aleth Mangosing-Ignacio, MSN, RN, NP-C, CCRN Employee Health

Jeffrey Donardt, RN, CRRN Inpatient Rehabilitation Center

Kera Arias, BSN, RN, Quality Improvement

Maria Robinson, BSN, RN, Urgent Care





2017 Eisenhower Health Nurse of the Year Jessica Truax



Left to right: Cera Salamone, Lynne Malestic and Modern Family's Eric Stonestreet

Extraordinary Healer for Oncology Nursing

Each year to celebrate oncology nurses, CURE® magazine gives readers a unique opportunity to honor one special oncology nurse who has dedicated their career to helping patients with cancer, their families and their oncology co-workers. Nominated by co-worker Cera Salamone, Lynne Malestic, RN, of Eisenhower Lucy Curci Cancer Center, was selected from more than 50 nominees to be named the 2016 CURE[®] Extraordinary Healer[®] for Oncology Nursing. Malestic was recognized at an awards ceremony and celebration hosted by Eric Stonestreet of television show Modern Family on April 28, 2016 in San Antonio, Texas.

"This is an amazing honor, considering what I do on a daily basis does not seem extraordinary to me...it's just what I do to help families and co-workers," says Malestic." Being recognized nationally — along with the other finalists — is a testament to the outstanding oncology nurses nationwide, who provide services and support around the various types of cancers that deeply affect so many people beyond the patients. I'm truly blessed to able to assist families and others on a daily basis."

Salamone wrote in her essay submission about Lynne Malestic: "A normal day for Lynne includes many hugs, tears of joy and tears of empathy sprinkled amongst her safe, evidence-based practice and collaboration with physicians to provide a healing environment like no other."

Specifically, Salamone nominated Malestic for her experience with one couple that spanned several years. In brief, Malestic cared for the wife through her cancer diagnosis to her passing, with in-hospital support, by hosting the family for holidays, by moving the wife to Malestic's home to support hospice care, and much more. Most stories would end there, but she repeated her extraordinary support when the husband was diagnosed with cancer several years later. Malestic and her family then cared for him during his active treatment through the end of his life. And her influence carries over to her home, as her 16-year-old daughter, Lauren, is so inspired by her mother she plans to go into oncology nursing.

From Five Star Outlook May 2016

Medical Surgical Nurses

Recognizing the value of empowering nurses with valuable educational resources, a working group of Eisenhower Health nurses formed a local chapter of the Academy of Medical Surgical Nurses (AMSN). Since its initiation in March 2015, Medical Surgical Nurses of the Desert has grown to 35 members.



Medical Surgical Nurses of the Desert Chapter Officers Left to right: Monica Lerma, Secretary; Erica Desalva, President; Craig Eaton, Treasurer; and Robin Cavaliere, Vice President

Membership has been extended to nurses in the outpatient setting, as well as to nurses from neighboring hospitals. These efforts assist in connecting nurses with others who share the same compassion and commitment, and in providing the latest practice updates across the continuum of care. In February 2018, Medical Surgical Nurses of the Desert was granted full chapter membership by AMSN — Medical Surgical Nurses of the Desert, Chapter #621.

Additionally, this group is firmly committed to the community. Grass roots events have been held to raise scholarship funds for local high school students interested in nursing careers. Medical Surgical Nurses of the Desert recently awarded their first \$1,000 scholarship to a local nursing student.



Medical Surgical Nurses of the Desert, Chapter #621



Advanced Practice Nursing Counci

 Front row, left to right: Barbara Fulmer, MSN, RN, GNP-BC, CWCN-AP, Manager, Inpatient Wound and Ostomy Care; Tiffany Bell-Davlantes, MSN, RN, FNP-C, MSQA, CPEN, Nurse Practitioner, Eisenhower Primary Care; Kathleen Wheeler, DNP, FNP-BC, RN, Nurse Practitioner, Eisenhower Urgent Care;
Aleth Mangosing-Ignacio, MSN, RN, FNP-C, Nurse Practitioner, Employee Health; and Alice Kraker, MSN, NP, Oncology.
Back row, left to right: Ann Mostofi, MSN, RN, NEA-BC, Vice President, Patient Care Services/CNO; Amy Hetherington, DNP, RN, FNP-BC, Orthopedics; Kathleen Schomer, MSN, FNP-BC, Orthopedics; Jill Hall-Crum, MSN, RN, NP-BC,

SANE-A, Eisenhower Primary Care; and Eileen Davies, MSN, FNP-BC, Hospitalist Group.

Shared Jovernance Enhancing Advanced Nursing Practice

The shared governance council for Advanced Practice Nurses (APN) defined a gap in standardized procedures and privileges for Nurse Practitioners (NPs) within Eisenhower Health. As a result, they began a collaborative project designed to increase the value of NPs, enhancing quality of care and strengthening their roles through proper privileging. This process has promoted interdisciplinary cooperation and understanding of professional roles between NPs, PAs and physicians. The unified Privilege Form was developed from the standards identifying initial privileges and privilege renewals for all midlevel providers or NPs. The project goals were met with a collaborative transparent process that elevated and supported the NPs in providing quality care to the patients they serve.

No Pass Sone

Everyone understands the concept of a no passing zone when driving a car. The Fall Prevention Team developed a program using the concept of the no

pass zone. The no pass zone program requires that no employee pass the room of a patient in need of immediate help. The program involves all members of the health care team, including executive leaders, dietary aides, housekeeping staff, therapists, and the nursing care team, in the prevention of falls by

meeting patient needs pre-emptively, and in the moment. Staff is being trained to identify a patient who might be at risk of falling due to an unmet need.

> The program was piloted on a medical surgical unit. Following the pilot, the fall rate decreased. "No pass zone" success is based on increased attentiveness from all hospital staff. Due to the success of the pilot program, the no pass zone program is being rolled out to all units in 2018.

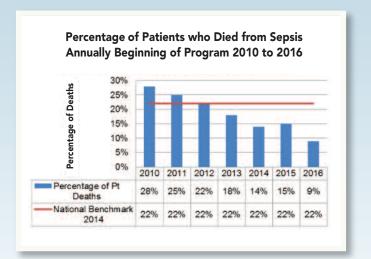
Sepsis without Borders

Sepsis and ultimately septic shock are serious medical conditions associated with high death rate. These conditions are challenging to diagnose and require rapid and comprehensive treatment to assure patient survival. Nurses and physicians at Eisenhower Health have worked for six years to develop a comprehensive program that improves the overall prevention and treatment of sepsis and septic shock. This program has reduced Eisenhower Health's sepsis mortality rate from 28 percent to nine percent which is well below the national average.



ICU's "Wall of Saves" shares images of patients with sepsis whose lives were saved, reminding employees and physicians of the significance of the work they do every day. (Photos used with permission.)

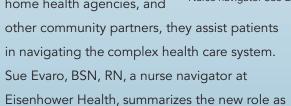
Under the direction of Tina Wallum, MSN, RN, CCRN, NE-BC, nurses monitor laboratory results, round on at risk patients, and intervene earlier to prevent the progression of sepsis. This program, including staff education, awareness, and reinforcement of protocol, has resulted in saving lives. In 2017, this program was awarded \$12,000 by the American Excess Insurance Exchange (AEIX) Risk Management Annual Award of Excellence for excelling in safety and liability reduction.



Ambulatory Care Nursing

Nurses at Eisenhower Health have assumed a new specialty role that is evolving daily, as patient care has expanded into primary care clinics and outpatient

service areas. Nurses have become experts in complex chronic diseases using innovative approaches to care coordination. Nurses interact with patients by phone, by email, in the office and at home. They assist with access and transition throughout the continuum of care. Coordinating with primary care physicians, specialty physicians, nursing homes, home health agencies, and



"...comprehensive nursing in the community setting. I love the daily challenges, as it is never the same. I interact with the patient care team, which may



Nurse navigator Sue Evaro, BSN, RN, (left) with Wendy White, MD

include physicians, therapists, social workers and case managers, in an effort to remove barriers. At the same time, I work closely with the patients and their support system to ensure a positive outcome. I have such a wonderful feeling when I can facilitate a positive outcome."

Board Certified Endocrinologist Wendy White, MD, states, "Working with the nurse

navigators, like Sue, has been wonderful. It has made such a positive impact in the way we are able to care for our patients with diabetes."

Thasing the Perfect Ha

Transforming Hospital to Skilled Nursing Facility Communication

Eisenhower Health is very proud of its role as a leading innovative health care partner in the Coachella Valley. Collaboration with other community health providers, is key to this success. An example of a valley-wide project, initiated by nurses, is a collaborative of skilled nursing facilities with Eisenhower Health's Case Management department. Health care workers at the skilled nursing facilities need to receive information about the patients who are being transferred. The collaborative developed a handoff process to communicate important patient information during the transition from the hospital to other health care facilities.



Jean Douglas, Director, Case Management, convened a Skilled Nursing Facility (SNF) Collaborative Committee. Using the electronic health care record, a standardized form was developed that provides information resulting in better patient care. The transition of care is seamless and safer; care may continue uninterrupted and without delay. The SNF Collaborative continues to meet quarterly, providing a forum for open communication and collaboration, bridging gaps and developing constructive solutions, demonstrating commitment to patient-centered care.

A Novel Approach to Improved Metrics

In hospitals, staff traditionally works at a central nurse's station. Wendy Edwards, Director, 3 South – the hospitalist unit – disrupted this work flow by placing nurses in mini stations outside the patient rooms. This innovative model has increased patient satisfaction scores and decreased patient falls. Physicians and nurses have commented on the positive impact this approach has had on communication. Wendy was recently invited to speak about this project at the Association for California Nurse Leaders' Annual Conference held in Monterey, California. This project demonstrates the impact of creative use of evidence and the power of shared governance.



Left to right: Lindsey Moreno-Zaragoza, RN; Annelise Milan, RN; and Precious Pascual, NA

DNR Suspension During the Perioperative Period: The Patient Perspective

Nurses at Eisenhower Health engage in a combination of evidence-based practice and nursing research. A great example is the work of Debbie Hiestand, MSN, RN, CAPA, Coordinator, Same Day Surgery. She wanted to assess a patient's knowledge and feelings about current practices surrounding their do not resuscitate (DNR) status during surgery. Eisenhower Health's current policy is to suspend this status during surgery. During patient interviews, she found that even when patients are dealing with end-of-life issues, they wanted to be informed. They also expressed a desire to participate in decision-making about their DNR status during the perioperative period as it relates to quality of life.

Results of this research are being published in a peer review journal, and were presented at the 22nd Nursing Odyssey Conference, Sigma Theta Tau, in Ontario, California. Debbie has shared this information with physician partners, who are addressing a potential change in protocol, in order to comply with patient wishes.



Debbie Hiestand, MSN, RN, CAPA, presenting her poster at the 22nd Nursing Odyssey Conference in Ontario, California.

Mune-Sensitive

Nurse-sensitive indicators are the elements of patient care directly affected by nursing care. The history of nurse-sensitive indicators in its earliest form is linked to Florence Nightingale's quest to improve the quality of nursing care. In 1999, the American Nurses Association officially defined nurse-sensitive indicators and developed the National Database of Nursing Quality Indicators (NDNQI) in order to provide a comparison to measure outcomes.

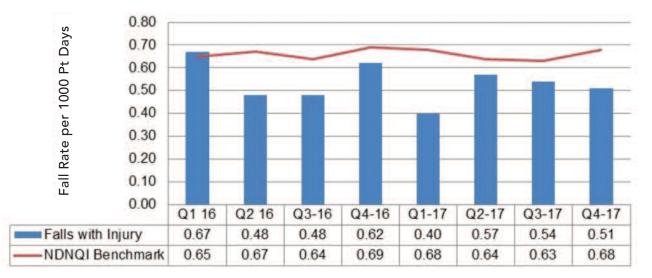
Eisenhower Health nurses proudly participate in the data collection, assessment and evaluation of nurse-sensitive indicators such as fall rates, hospitalacquired pressure ulcers, central line-associated blood stream infections, catheter-associated urinary tract infections and ventilator-associated pneumonia/ ventilator-associated events. Each indicator is compared to the NDNQI benchmark with similar organizations. Any increase in rates leads to examination of evidence-based nursing practice. Resolutions are developed that are best practice and lead to positive outcomes. Nurses examine results on a monthly basis, and continually adapt their care to provide the best possible experience and outcome for every patient across the continuum of care.

Nursing Quality Impacts Outcomes at Eisenhower Health

Falls

Preventing patients from falling while in the hospital is a priority and involves everyone's participation on the health care team. Eisenhower has a very active Fall Prevention Team that is engaged in the design and ongoing evaluation of the many elements involved with fall prevention. Fall Prevention Team nurses have focused on prevention with the development of initiatives such as the No Pass Zone — utilizing the entire health care team to increase care and attention for meeting all patient needs that may prevent a fall. Global awareness has impacted the fall rate by decreasing falls; this demonstrates to our patients the power of teamwork. This is one example of the many activities that has resulted in Eisenhower's total patient fall rate outperforming the NDNQI benchmark mean for seven out of eight consecutive quarters (Figure 1).





Eisenhower Health's total patient injury falls has outperformed the NDNQI database mean for seven of eight consecutive quarters.

Hospital-Acquired Pressure Injuries

A pressure injury, sometimes called a bedsore, is damage to the skin or underlying tissue, caused by pressure, friction and moisture. These injuries often occur when patients have limited mobility and can't change positions in bed on their own. All patient care providers are trained in pressure injury prevention.

Providing good skin care, regularly assisting patients to change positions in bed, and using pressure-reducing cushions, mattresses and other devices are some of the many techniques used to prevent pressure injuries.

NURSE-SENSITIVE INDICATORS

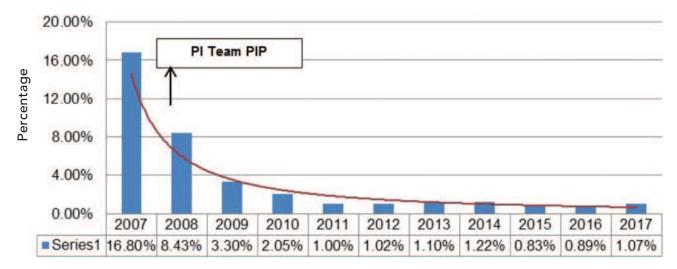
NURSE-SENSITIVE INDICATORS

An aggressive prevention injury program (PIP) was implemented in the second guarter of 2007 in response to an increased incidence of skin injuries. This evidence-based program was developed by

a nurse-led team of expert skin care specialists and front line staff. As a result, the incidence improved dramatically to about one percent annually. (Figure 2).

Figure 2

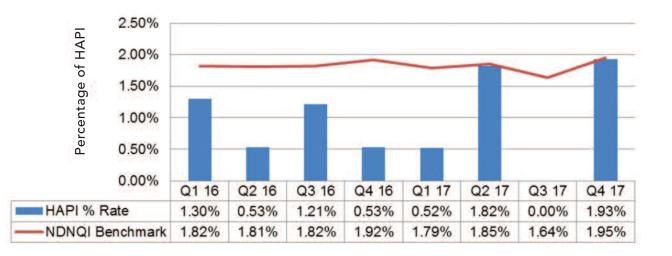
Annual Percent of Patients with Hospital-Acquired Pressure Injuries



Eisenhower Health's hospital-acquired pressure injury rate has outperformed the NDNQI database mean for 25 consecutive quarters.

As a result of the Pressure Injury Prevention Program implemented in 2007, the incidence has improved dramatically to about one percent annually. Bimonthly journal club article reviews, combined with continual surveillance and reinforcement of all prevention elements help drive the incidence down. In 2013,

Figure 3 Percent of Surveyed Patients with Hospital-Acquired Pressure Injuries



- the team developed an early mobility program.
- This team embodies exemplary nursing practice that has led to 25 consecutive guarters where Eisenhower's hospital-acquired pressure injury rate has outperformed the NDNQI benchmark mean (Figure 3).



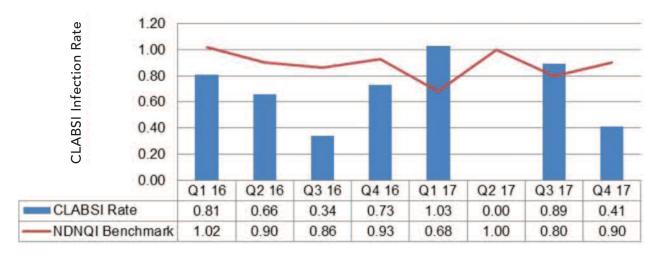
NURSE-SENSITIVE INDICATORS

Central Line-Associated Blood Stream Infections

Central lines, or central venous catheters, are most often inserted in the neck, chest or arm. These lifesaving catheters may be used to provide medications and fluids to severely ill patients and may remain in place for several weeks. A central line-associated blood stream infection (CLABSI) occurs when germs in or on the catheter enter the bloodstream. These infections can lead to serious complications, even death, especially for critically ill patients.

In 2012, an upward trend was indicated in these types of infections. A nurse-led team convened and examined evidence-based nursing practice and potential opportunities to standardize practice. A program utilizing a de-clotting agent and standardized cleansing processes were implemented. As a result, Eisenhower Health's performance has exceeded the goal of being below the National Health Care Safety Network (NHSN) and NDNQI benchmarks for six of eight consecutive quarters (Figure 4).

Figure 4 **Central Line-Associated Blood Stream Infections per 1,000 Central Line Days**



Eisenhower Health's central line-associated blood stream infection rate has outperformed the NDNQI database mean for six of eight consecutive quarters.

Catheter-Associated Urinary Tract Infections

A urinary catheter is a thin tube placed in the bladder to drain urine into a bag. Catheter-associated urinary tract infections (CAUTIs) are infections caused by bacteria that have entered the urinary tract during the catheter's insertion, through the catheter tube, or through the catheter's external surface.

In 2012, it was noted that there was an upward trend in these types of infections. A nurse-led team

Figure 5 **Catheter-Associated Urinary Tract Infections per 1,000 Catheter Days**



Eisenhower Health's catheter-associated urinary tract infection rate has outperformed the NDNQI database mean for 20 consecutive quarters. Data pictured is for the last 8 quarters.

convened and examined evidence-based nursing practice and potential opportunities to standardize practice. A program called X-Foleyate was developed utilizing standardized hygiene protocols, attention to early removal, and closed catheter systems, standardizing care throughout the health center. As a result, Eisenhower Health has outperformed the NDNQI benchmark for 20 consecutive quarters (Figure 5).



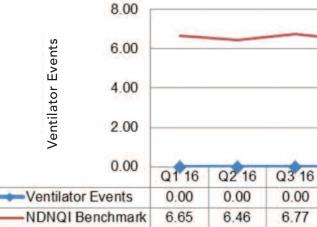
Ventilator-Associated Events

Ventilator-associated events (VAE) occur when germs multiply in the lungs of patients using a ventilator to help them breathe. This causes fevers, chills, difficulty breathing, increased sputum and other pneumonia symptoms. These infections can lead to serious complications, even death, especially for critically ill patients.

In 2010, a nurse-led multidisciplinary team was convened to address national guidelines and decrease the rate of VAE. A multitude of nursing interventions, such as oral hygiene, respiratory hygiene, and elevation of the head of the bed, were implemented utilizing the electronic documentation system to improve early communication and continuation of care elements.

Ongoing assessment and reinforcement has led to positive outcomes. Eisenhower Health has outperformed the NDNQI benchmark mean for 27 consecutive quarters with a ventilator-associated event rate of zero (Figure 6). This is a true example of nurses leading the charge to improved outcomes providing exemplary care.

Figure 6 Ventilator-Associated Events per 1,000 Ventilator Days



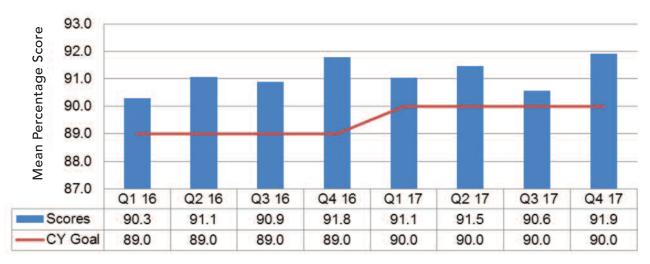
Eisenhower Health's ventilator-associated event rate has outperformed the NDNQI database mean for 27 consecutive quarters. Data pictured is for the last eight quarters.

_					-
	Q4 16	Q1 17	Q2 17	Q3 17	Q4 17
	0.00	0.00	0.00	0.00	0.00
1	6.44	6.19	6.77	6.35	6.45

Patient Satisfaction

Eisenhower Health's commitment to providing a superior patient and family experience continued through 2016 and 2017. Eisenhower Health uses multiple approaches to listen to patients by obtaining their feedback. The Press Ganey® satisfaction survey and the NRC Health survey are two methods of obtaining this information. Eisenhower nurses have a substantial impact on patient satisfaction. Initiatives implemented over the past two years have demonstrated that patients and families feel very positive and confident with the courtesy extended by the nursing staff. The results demonstrate continual improvement in providing the highest level of care and courtesy to patients every day.

Patient Satisfaction (Inpatient and Outpatient) Press Ganey[®] Q1 2016 through Q4 2017



The composition scores for all nursing satisfaction outperformed the internal benchmark for eight consecutive quarters.

Annenberg Pavilion 4 North



Left to right: Leah Carbonneau, RN; Rebecca (Wes) Widmer, US; Sandra Josephson, US; Grace Agnus-Amersbach, MSN, RN, FP-ANP; Kristina Durkton, BSN, RN; Kristen Kassner, BSN, RN; and Tanya Crager, BSN, RN, ONC, Director, 4 North

Eisenhower Health also participates in the Hospital Consumer Assessment of Healthcare Providers and Systems (HCAHPS) which is a patient satisfaction survey required of all hospitals in the United States by the Centers for Medicare & Medicaid Services. The survey is for adult inpatient units. At Eisenhower, the Department of Nursing recognizes the inpatient unit that has achieved the highest HCAHPS scores each week. One unit with consistently high HCAHPS scores is 4 North (pictured above).

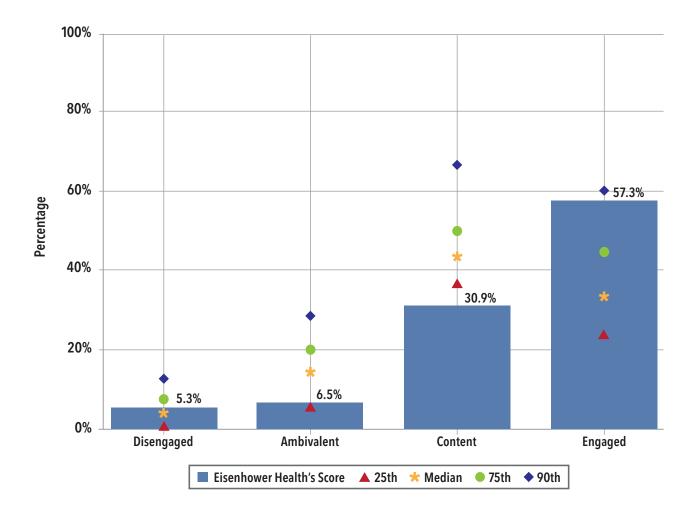
Eisenhower Health Runging Engagement

Eisenhower Health conducts a biennial employee engagement survey. Pictured right are results from the most recent survey which demonstrate the employee engagement of Eisenhower's registered nurses as compared to The Advisory Board Company's 25th percentile, median and 75th percentile among their national database. The participation rate for RNs as identified by clinical nurse job categories was 78 percent. In analyzing and evaluating the level of engagement among nurses, it is apparent that nurses are generally engaged and positively focused throughout the organization.

At Eisenhower, 57.3% of the registered nurses are engaged which is at the 88th percentile of the database mean. Organizationally, 58.3% of the overall staff are engaged which is at the 91st percentile of the database mean. The Advisory Board has recognized Eisenhower Health with the Workplace of the Year Award for 2017 and Workplace Transformation Award for 2017 based on national ranking of results from employee opinion surveys. Historically, Eisenhower Health was the recipient of the Advisory Board's 2013 Excellence in Engagement Award and Gallup Great Workplace Award for 2009 and 2011.

In August 2017, Nurse.org, the web's leading career site for nurses, recognized Eisenhower Health as the number one best hospital for nurses to work for in the state of California. For more than two years, Nurse.org collected more than 1,853 reviews from nurses at 314 California hospitals about their workplace satisfaction. Reviews in California revealed that Eisenhower Health has one of the highest levels of satisfaction among its nurses; a 4.8 star rating with 100 percent of the nurses surveyed recommending the hospital as an employer.

RN Engagement Profile Aggregated at the Organizational Level



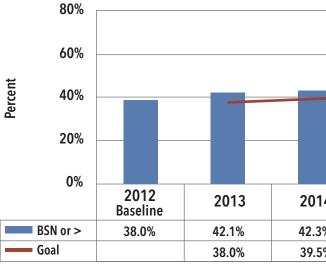
Eisenhower Nurses Pursue Baccalaureate and Graduate

Rursing Degrees

During the past decade, a number of factors have converged to radically alter the environment in which health care is provided, subsequently changing the nature of the role and responsibilities of nurses. In October 2010, the Robert Wood Johnson Foundation and the Institute of Medicine (IOM) jointly released The Future of Nursing: Leading Change, Advancing Health, referring to the report as a blueprint for transforming the American health system by strengthening nursing care and better preparing nurses to help lead reforms. The report calls for increasing the percentage of nurses holding the Bachelor of Science in Nursing (BSN) degree or higher to 80 percent by 2020. Eisenhower Health has made the BSN a requirement for entry level employment and supports the BSN for all nurses.

Nursing at Eisenhower Health is both an art and a science, incorporating many aspects of patient care and the spirit of caring based on current and relevant research and evidence-based practice. Enhancing critical thinking skills is a prerequisite to continuously providing and improving patient care. Professional responsibility and educational advancement is encouraged. Coaching, mentoring, flexible schedules and tuition reimbursement are strategies utilized to facilitate a nurse's return to school for educational advancement. The percentage of clinical nurses with a baccalaureate and higher nursing degree increased from 38 percent in 2012 to 75 percent in 2017. The current percentage for California nurses with a BSN or higher degree is 61 percent (HealthImpact).

RN Nursing Education Level: Baccalaureate Degree or Higher



Highest Nursing Degree Completed	2012	2013	2014	2015	2016	2017
Nursing Diploma	6.0%	6.0%	5.5%	2.1%	.5%	.5%
Associate Degree in Nursing	56.0%	52.0%	52.2%	42.5%	34.0%	29.1%
Baccalaureate Degree in Nursing	32.0%	35.0%	37.0%	46.6%	29.1%	60.6%
Master's Degree in Nursing	6.0%	7.0%	5.2%	8.3%	5.9%	9.0%
DNP, DNSc, PhD in Nursing	0.0%	0.1%	0.1%	0.5%	0.2%	.8%

4		2015			2016		2017	
%	55.5%		66.4%		70.4%			
5%		41.0%			42.6%		44.3%	



Please join us in congratulating our nurses who have achieved national certification:

Accredited Case Manager (ACM)

Jean Douglas, ACM Diana Sanchez, ACM Traci Thomas, ACM

Advanced Oncology Clinical Nurse Specialist (AOCNS) Barbara Bigelow, AOCNS

Ambulatory Care Nursing Certification (RN-BC)

Jamie Burnett, RN-BC

Certified Ambulatory Perianesthesia Nurse (CAPA)

Debbie Hiestand, CAPA Kathleen Place, CAPA

Certified Care Coordination and Transition Management (CCCTM)

Doris Velasquez, CCCTM

Certified Case Manager (CCM)

Cynthia Jones, CCM Sue Stypulkowski, CCM

Certified Clinical Breast Examiner (CBEC)

Rosemary Flaherty, CBEC Tracey Gomez, CBEC

Certified Clinical Research Coordinator (CCRC)/ **Professional (CCRP)**

Stephanie Farrell, CCRC Patty Garcia, CCRC Sharon Kunic, CCRP

Certified Critical Care Nurse (CCRN)

Clandes Acacio, CCRN Ruth Ah Siu-Gandy, CCRN Elaine Alexander, CRRN

Cindy Balch, CCRN Lisa Berg, CCRN Sara Bonthron, CCRN Karen Copeland, CCRN Zacharie Cyrus, CCRN Desiree Darling, CCRN Sheryl Davidson, CCRN Tess Doble, CCRN Heaven-Lee Douglas, CRRN Sheenah Fernandez, CCRN Rose Garcia, CCRN Jaime Gonzalez, CCRN Clara Christine Harvey, CCRN Jessica Hendrix, CCRN Starla Hess, CCRN Kedra Jingles, CCRN Anna Lauricella, CCRN Irma Leos, CCRN Charisse Losito, CCRN Wayne Lowder, CCRN Aleth Mangosing-Ignacio, CCRN Dawn Master, CCRN Estela Milward, CCRN Janet Noseworthy, CCRN

Teresita Parina, CCRN Jerry Park, CCRN Phu Pham, CCRN Sarah Putvin St. John, CCRN Irene Rice, CCRN Dana Rome, CCRN Eleanor Rose, CCRN Gabriela Sapetto, CCRN Venus Sayegh, CCRN Fran Scott, CCRN Cheli Shea, CCRN Mary Spies, CCRN Richard St. Claire, CCRN Honor Van Gorp, CCRN Christina Wallum, CCRN Cathy White, CCRN Danuta Wojnar, CCRN

Certified Critical Care Nurse with Cardiac Medicine Subspecialty (CCRN-CMC)

Christine Layer, CCRN-CMC Teresita Parina, CCRN-CMC Phu Pham, CCRN-CM

Certified Critical Care Nurse with Cardiac Surgery Subspecialty (CCRN-CSC)

Clara Christine Harvey, CCRN-CSC Christine Layer, CCRN-CSC

Phu Pham, CCRN-CSC Honor Van Gorp, CCRN-CSC Cathy White, CCRN-CSC

Certified Diabetes Educators (CDE)

Marielena Cid, CDE Socorro Gonzalez, CDE Melina Hurtado, CDE Yuri Krochmaluk, CDE

Certified Emergency Nurse (CEN)

Meagan Beavers, CEN Stephanie Bergstrom, CEN Junar Bohol, CEN Myra Casibang, CEN Allen Cortez, CEN Josemaria Crystal, CEN John Dix, CEN Rhoda Fedelin, CEN Agnes Jove, CEN Audora Macklin, CEN Natalie Ortega, CEN Katherine Pelland, CEN Irene Rice, CEN Dorothy Seitz, CEN Ana Valdez, CEN Susan Westphal, CEN Ervin Xhufka, CEN

Certified Flight Nurse (CFN)

Meagan Beavers, CFN

Certified Hospice and Palliative Care Nurse (CHPN)

Barbara Bigelow, CHPN Lisa Ingham, CHPN Sandra Rosen, CHPN

Certified Infection Control (CIC)

Mike Connors, CIC

Certified Medical Surgical Registered Nurse (CMSRN)

Savannah Alvarado, CMSRN Merlyn Byers, CMSRN Craig Eaton, CMSRN Carolyn Gladwell, CMSRN Doris Velasquez, CMSRN Shannon Zornado, CMSRN

Certified Nephrology Nurse (CNN)

Linda Buffington, CNN Kum Ok So, CNN

PROFESSIONAL NURSING CERTIFICATION

Certified Nurse Operating Room (CNOR)

Robin Berkoff, CNOR Jody Cap, CNOR Claudia Cargill, CNOR Kenya Cleary, CNOR Michael Griswold, CNOR Robert Hambly, CNOR Laurie Hannan-Reagan, CNOR Valerie Heaslip, CNOR Dorothy Jones, CNOR Cheryl Lefore, CNOR James Maderick, CNOR Barbara McKnight, CNOR Emanuele Monaco, CNOR Wanda Neufeld, CNOR Mike Padilla, CNOR Davle Parrett, CNOR Ruby Principe, CNOR Patricia Romanella, CNOR Cera Salamone, CNOR Joan Thiel, CNOR Patricia Thornbury, CNOR Sonia Thorne, CNOR Rick Westergard, CNOR Judy Young-Levey, CNOR

Certified Oncology Nurse (OCN)

Nancy Cordova, OCN Christal Curry, OCN Bo Dunn, OCN Vicki Koceja, OCN Barbara Luhm, OCN Lynne Malestic, OCN Abby Mata-Lopez, OCN Tijuana Parker, OCN Rebecca Pontiero, OCN Clara Rocha, OCN Kristi Rossignol, OCN Nerissa Sac, OCN Cathy Tatlow, OCN Jennifer Woltmann, OCN Marilyn Zullo, OCN

Certified Pediatric Emergency Nurse (CPEN)

Agnes Jove, CPEN

Certified Pediatric Nurse (CPN)

Diana Faugno, CPN

Certified Post Anesthesia Nurse (CPAN)

Kathleen Place, CPAN

Certified Professional Coder-Hospital (CPC-H)

Nancy Cordova, CPC-H

Certified Professional Health Care Management (CPHM)

Cheryl Catlett, CPHM

Certified Professional in Health Care Quality (CPHQ)

Cheryl Catlett, CPHQ

Stephanie Farrell, CPHQ Deborah Gonsalves, CPHQ Delee Panasuk, CPHQ Maureen Reiley, CPHQ

Certified Professional in Patient Safety (CPPS)

Tim Beringer, CPPS Janet Mirabella, CPPS

Certified Radiology Nurse – Interventional Radiology (CRN)

Julie Davis, CRN

Certified Registered Nurse First Assistant (RNFA)

Lara Belongia, RNFA Michael Griswold, RNFA Emanuele Monaco, RNFA

Certified Registered Nurse of Infusion (CRNI)

Tijuana Parker, CRNI

Certified Rehabilitation Registered Nurse (CRRN)

Rochelle Abiang, CRRN John Basquez, CRRN Jeffrey Donardt, CRRN William Donnelly, CRRN Michael Green, CRRN Beverley Ingelson, CRRN Julia Kim, CRRN Raquel Larios-Duarte, CRRN Rachel Lebrun, FNP-C, CRRN Christy MacKewen, CRRN Matthew Mitchell, CRRN Darren Parada, CRRN Timothy Patterson, CRRN

Certified Vascular Access Nurse (VA-BC)

Sheryl Davidson, VA-BC Susan Westphal, VA-BC

Certified Vascular Nurse (RN-BC)

Mary Fakehany, RN-BC Lisa Fontes, RN-BC

Clinical Nurse Specialist –

Adult Psychiatric Mental Health Nursing Board Certified (PMHCNS-BC)

Dixon Bennett, PMHCNS-BC

Family Nurse Practitioner Board Certified (FNP-BC)/Geriatric Nurse Practitioner Board Certified (GNP-BC)/Nurse Practitioner Board Certified (NP-BC)/Certified Family Nurse Practitioner (FNP-C)/Certified Nurse Practitioner (NP-C)/Adult Gerontology Nurse Practitioner Board Certified (AGNP-BC)/ Advanced Oncology Certified Nurse Practitioner (AOCNP)

Fnu (Al) Alfandy, FNP-BC Megan Anderson, FNP-BC Grace Angus-Amersbach, FP-ANP Mary Beare, FNP-BS Tiffany Bell-Davlantes, FNP-BC Michelle Brilee, FNP-BC Jon Colbert, FNP-BC Barbara Fulmer, GNP-BC Tracy Gomez, FNP-BC, AOCNP Marianne Gregorich, FNP-BC, CMT

Jill Hall-Crum, FNP-BC Kimberly Hancock, FNP-BC Laurie Hannon-Reagan, FNP-BC Amy Hetherington, FNP-BC, DNP Svetlana Lana Hezkiya, NP-C Ellen Kelley, FNP-BC Alice Kraker, FNP-BC Rachel Lebrun, FNP-BC, AOCNP Lilia Lopez, FNP-BC Dana Lovorn, FNP-BC Rosa Lucas, FNP-BC Aleth Mangosing-Ignacio, NP-C Carol Marietta, FNP-BC Monique Mester, FNP-BC Amanda Moyer, NP-BC Carlo Orozco, FNP-BC Morgan Rigopoulos, FNP-BC Rocio Ruelas, FNP-BC Kathleen Schomer, FNP-BC Russell Simon, FNP-BC Donna Smith, FNP-BC Cari Sudmeier, FNP-C Sandra Uhrig, FNP-BC Michael Ward, FNP-BC

James Watson, FNP-BC Kathleen Wheeler, FNP-BC, DNP Sheri Wysocki, FNP-BC Roula Younes, FNP-BC

Healthcare Accreditation Certification Program (HACP)

Maureen Reiley, HACP Cera Salamone, HACP

Inpatient Obstetric Nursing (RNC-OB)

Laurie Hannan-Reagan, RNC-OB

Legal Nurse Consultant Certified (LNCC)/Certified Legal Nurse Consultant (CLNC)

Christal Curry, LNCC Sonia Thorne, CLNC

Nursing Administration Advanced and Nursing Administration (NE-BC)

Ann Mostofi, NEA-BC Dorothy Jones, NEA-BC Ellen Lefebvre, NE-BC Mary Ann McLaughlin, NE-BC Matthew Mitchell, NE-BC Joan Randall, NEA-BC Sue Romkena, NE-BC Cera Salamone, NE-BC Christina Wallum, NE-BC

PROFESSIONAL NURSING CERTIFICATION

Nursing Informatics (RN-BC)

John Lussier, RN-BC Louis Rotondo, RN-BC

Nursing Professional Development (RN-BC)

Yvonne Matetich, RN-BC

Orthopedic Nurse Certified (ONC)

Arlene Arpuli, ONC Tanya Crager, ONC Ramone Deely, ONC Vernon Melchor, ONC Anna Miller, ONC Yasmine Ong, ONC Nanette Pickowitz, ONC Charlene Stephenson, ONC Lucindia Williamson, ONC

Progressive Care Certified Nurse (PCCN)

Tess Doble, PCCN Diana Evans, PCCN Stephanie Jones, PCCN Macky Macapagal, PCCN Yvonne Matetich, PCCN David Peel, PCCN Mary Sanchez, PCCN Venus Sayegh, PCCN Fran Scott, CCRN, PCCN Joan Thiel, PCCN John Thompson III, PCCN

Sexual Assault Nurse Examiner – Adult (SANE-A) and Pediatric (SANE-P)

Jill Hall-Crum, SANE-A Diana Faugno, SANE-A, SANE-P Vicki Hanson, SANE-A

Stroke Certified Registered Nurse (SCRN)

Jane Berardini, SCRN Zacharie Cyrus, SCRN John Dix, SCRN Jose Dozal, SCRN Sharon Gallo, SCRN Norma Jacquez, SCRN Carol Marietta, SCRN Jody Pedersen, SCRN Jody Pedersen, SCRN Phu Pham, SCRN Richard Reagin, SCRN Sue Romkema, SCRN Mike Samu, SCRN Sushma Verma, SCRN Wound Care Certification (WCC)/Wound Ostomy Continence Nurse (WOCN)/ Certified Wound Care Nurse (CWCN)/Certified Wound Ostomy Continence Nurse (CWOCN)/Certified Wound Ostomy Continence Nurse Advanced Practice Nurse (CWCN-AP)

Barbara Fulmer, CWOCN, CWCN-AP Oscar Salazar, CWCN, WOCN Susan Wolfe, WCC



Presentations, Publications and Awards

Award

Christina Wallum, MSN, RN, CRRN, NE-BC, and Kera Arias, BSN, RN Sepsis without Borders

2017 American Excess Insurance Exchange (AEIX) Risk Management Annual Award of Excellence for Excelling in Safety and Liability Reduction

Award: \$12,000

Institutional Review Board Approved **Research Projects**

December 2016

K. Noorizadeh, MD; Rose Li, MD, PhD; and Beverley Ingelson, MHSA, MSN, RN, CRRN The Analysis of the Effectiveness of a Palliative Care Program

September 2016

Debbie Hiestand, MSN, RN, CAPA, and Margaret Beaman, PhD, RN DNR Suspension During the Periop Period: The Patient Perspective

July 2016

Ellen Lefebvre, MSN, RN, NE-BC; Kiran Dintyala, MD; and Margaret Beaman, PhD, RN The Effect of a Nursing Leadership Stress

Mastery Program

August 2016

Kristen Tanner, BAN, RN, and Tammera Anderson, BSN How Does the Use of Electronic Tablets Impact Anxiety and Patient Empowerment in the Pre-operative Orthopedic Patients?

May 2015

Annette Brown, BSN, RN

The Impact of Smartphone Technology for Inter-professional Patient Care Communication in the Emergency Department and the Critical Care Units

Approved Quality Improvement Projects

Matthew Mitchell, DNP, RN, NE-BC, CRRN Effects of Rehabilitative Nursing Certification on Patient Outcomes

Sue Romkema, DNP, RN, NE-BC, SCRN

The Effects of Nursing Assistant Geriatric Specific Communication Education on Nursing Assistant and Older Patient Perceptions of Communication and Nursing Specific Care

Danuta Wojnar MSN, RN, CCRN Shift Report: Communication Improvement Initiative

Phu Pham, MSN/Ed, RN, CCRN-CMC-CSC, SCRN, CNRN, CPhT, and Nancy Wolf, MSN, RN, CRRN Initial and Ongoing Verification of Feeding Tubes

Article Publications

Amy Hetherington, DNP, RN, AGACNP, ONC, and Kathleen Schomer, MSN, RN, NP-C BONES: A postoperative plan of care and education program for total joint replacement patients. November 2016, Vol. 11, No. 11

Podium Presentations

April 19-22, 2017 Western Institute of Nursing Research Conference, Denver, CO

Ellen Lefebvre, MSN, RN, NE-BC, and Margaret Beaman, PhD, RN The Effect of a Nursing Leadership Stress Mastery Program

June 2, 2017

2017 Southern California Nursing Evidence-based **Practice Conference**

Christina Wallum, MSN, RN, CRRN, NE-BC, and Bridgette McCarthy, MSN, RN Nursing Leadership's Role in Supporting the EBP Plan and Journey

Lara Latham, MSN, RN Making a Difference as a Clinical Staff Nurse through EBP

November 9, 2016 2016 Annual Nursing Congress: Empowering Nurses: Transforming Care at the Bedside, Rancho Mirage, CA

Lisa Blake, BSN, RN Frontline Nurses as Safety Champions: A Case Study Demonstrating the Application of Evidence Using Transformational Leadership Principles

Destinee Lechuga, BSN, RN, and Rachel Cole, RN Assessing Best Practice in an Acute Care Dialysis Unit

Brian Esser, BSN, RN, and Sharon Gallo, BSN, RN Use of Interactive Tools to Increase Stroke Certified Nurse Designation

October 13-14, 2016 Sigma Theta Tau Odyssey 2016 Conference: Influence to Advance Global Health and Nursing, Ontario, CA

Lena Kebaso, PhD, BSN Follow Up Assessment of Discharged **Oncology Patients**

April 17-20, 2016 Nurses Improving Care for Healthsystem Elders (NICHE), Care Across the Continuum, Chicago, IL

Barbara Fulmer, MSN, GNP-BC, CWCN-AP, COCN, CCCN Evidence-Based Practice for Wound Care Prevention in the Elderly

Annette Brown, BSN, RN, and Jean Douglas, BSN, RN, ACM

Chasing the Perfect Handoff: Transforming Hospital to Skilled Nursing Facility (SNF) Communication

Poster Presentations

October 5-6, 2017 22nd Joint Southern California Chapters, Nursing **Odyssey Conference, Ontario, CA**

Debbie Hiestand, MSN, RN, CAPA, and Margaret Beaman, PhD, RN DNR Suspension During the Periop Period: The Patient Perspective

June 2, 2017

2017 Southern California Nursing Evidence-based Practice Conference, Rancho Mirage, CA

Lara Latham, MSN, RN; Angel Bjierke, BSN, RN, OCN: and Mariana Lerma, RN

Use of a Power Glide to Place Midline Intravenous Catheters on Patients Receiving Intravenous Infusions

Lena Kebaso, PhD, RN, and Margaret Beaman PhD, RN

Exploring Factors Associated with Hospital Readmissions of Patients with Cancer

Angel Bjierke, BSN, RN, OCN, and Bobbie Galindo, BSN, RN

Decreasing Anxiety of Patients Receiving Chemotherapy through a Treatment 101 Class for Patients and Families

Stephanie Farrell, MBA, BSN, RN, and Maureen Ross, RN

Randomized Control Trial Evaluating the Effects of Inhaled Aromatherapy on Nausea and Vomiting in Patient with Cancer Receiving Treatment in an **Outpatient Cancer Setting**

Kelly Preston, MSN, MHA, RN

New Graduate Nurse Stress Reduction

John Yuhas, BSN, BA, RN

Integrating Daily Mindful Meditation Opportunities into Workflow for Critical Care Nurses

Dana Rome, BSN, RN, CRRN, and Irma Leos, RN, CRRN

Rise and Shine, Move to Improve – Implementing Early Progressive Mobility and the ABCDEF Bundle in Critical Care

Dorothy Johnson Jones, MSN, RN, CNOR, NEA-BC

SBAR for the OR: The Effect of a Preoperative Briefing Tool and Education on Negative Outcomes and Culture of Safety

Dorothy Johnson Jones, MSN, RN, CNOR, NEA-BC, and Toni Pellum MSN, RN

Perioperative Value Stream Analysis Yields Quality, Cost and Growth Outcomes

Clara Christine Harvey, BSN, RN, CCRN-CSC; Desiree Darling, BSN, RN, CRRN; and Karen Copeland, BSN, RN, CCRN

Mock Re-Sternotomy: Using High Fidelity Simulation to Improve Efficacy and Patient Safety in a Cardiac Intensive Care Unit

Amera Baylosis, BSN, RN; Arlene DeLapaz, BSN, RN; and Joan Randall, MS, RN, NEA-BC

Improving Safe Pediatric Vaccine Administration in a Family Medicine Residency Clinic

Robin Cavaliere, BSN, RN; Whitney Chavez, BSN, RN; and Craig Eaton, MSN, RN Medical Surgical Nurses Turning Vital Signs into Best Practice

Daryl Swanson, BSN, RN; Robin Cavaliere, BSN, RN; and Christy MacKewen, ADN, RN, CRRN Evaluation of the Enculturation of the Professional Practice Model

April 27-28, 2017

American Nurses Association ANCC Pathway to Excellence Conference, Dallas, TX

Cera Salamone, BSN, RN, PHN, NE-BC, OCN, HACP; Raeln Anderson, BSN, RN; and Michael Connors, BSN, RN, CIC Operating Room Traffic Patterns

April 19-22, 2017

Nurses Improving Care for Healthsystem Elders (NICHE), Care Across the Continuum, Austin, TX

Kera Arias, BSN, RN Sepsis: The Silent Killer

Sue Effinger, MHA, MSN, RN, SCRN, NE-BC, and Paul Sokoloff, MBA, MSN, RN The case for GRN and service excellence at a facility

April 1-6, 2017

Association of Operating Room Nurses Annual Conference, Boston, MA

Cera Salamone, BSN, RN, PHN, NE-BC, OCN, HACP; Raeln Anderson, BSN, RN; and Michael Connors, BSN, RN, CIC **Operating Room Traffic Patterns**

February 5-8, 2017

Association of California Nurse Leaders 39th Annual Conference: Soaring to New Heights as Nurse Leaders, Anaheim, CA

Cera Salamone, BSN, RN, PHN, NE-BC, OCN, HACP; Raeln Anderson, BSN, RN; and Michael Connors, BSN, RN, CIC **Operating Room Traffic Patterns**

Sue Effinger, MSN, MHA, NE-BC, SCRN, and Jody Pedersen, BSN, RN, SCRN The What, Why, and How of Saving BRAINS

November 9, 2016

2016 Annual Nursing Congress: Empowering Nurses: Transforming Care at the Bedside, Rancho Mirage, CA

Christine Gustafson, BSN, RN, PCCN; Lenah Kebaso, PhD, BSN, RN; and Anna Lauricella, BSN Turn, Turn, Turn: A Team's 10 Year Journey to Sustain Pressure Ulcer Prevention

Robin Cavaliere, BSN, RN; Daryl Swanson, BSN, RN; and Christy MacKewen, ADN, RN, CRRN E2 (Empowerment & Enculturation): A Professional Practice Model Developed for Nurses by Nurses

Annette Brown, BSN, RN; Margaret Beaman, PhD, RN; and Wendy Edwards, BSN, RN Clinical Communication Transformation Via Secure Smartphones

Joan Randall, MS, RN, NEA-BC; Kim Vonhaden, BA, RN; and Rose Garcia, BSN, RN Implementation of Self-Directed Clinic Orientation

Christine Johnstone, MHA, MSN, RN; April Lopez, BSN, RN; and Jamie Burnett, RN Development of a Primary Care Team Clinic Communications Protocol

Kera Arias, BSN, RN Catching a Killer: Reducing Sepsis Mortality Through Early Detection and Coordinated Response

Poster Presentations (cont.)

Maria Florina; Aleth D. Mangosing-Ignacio, MSN, RN, NP, CCRN; and Kathleen Wheeler, DNP, RN The Process: Creation and Revision of Hospital Standardized Procedures, Protocols, and Privileges for Nurse Practitioners

Cera Salamone, BSN, RN, PHN, NE-BC, OCN, HACP: Raeln Anderson, BSN, RN; and Michael Connors, BSN, RN, CIC **Operating Room Traffic Patterns**

Sarah Blaisdell, BSN, RN; James Osisanya, MBA, RN; Tijuana Parker, MSN, RN, OCN, CRNI; Kelly Preston, BSN, RN; and Marcela Rodriguez, RN CLABSI Prevention: Implanted Venous Ports

Jane Berardini, RN; Britney Monson, BSN, RN; and Carlos Go, BSN, RN Inpatient Stroke Management

Mike Samu, RN; John Dix, BSN, RN; and Kathy Cash, BSN, RN

ED Stroke Nursing Team: Door to Drug Time: Performance Improvement Project Stroke Patient Call Backs

Lina Kao, RN; Michael Reynolds, RN; and Crystal Rodriguez, RN

Patient Satisfaction, Eisenhower's Five Star Orthopedic Health Center Way

Danuta Wojnar, MSN, RN PENS: Preventing Infections, Never Simpler

Stephanie Foster, RN; Rachel Susca, RN; Lauren Swanson, BSN, RN; and Karyn Yemoto-Snider, BSN, RN Admission Skin Assessment

Jennifer Matthews, BSN, PHN, RN; Victoria Bernal, BSN, RN: Chelsea Staffs, RN: Victoria Santibanez, BSN, RN; and Simone Williams, BSN, RN

Nurse Shift Report: Evaluation of a Handoff Communications and Its Effects on Nursing Care

Meredith Chafe, RN: Florence Mercado-Garcia, RN; Lisa Webster, BSN, RN; and David Welch, BSN, RN

Bedside Shift Report: Improving Patient Care, Satisfaction and Safetv

Johanna Cullip, BSN, RN; Tara Szydlowski, BSN, RN; and Wendy Rascon, BSN, RN P.A.I.N.

Joel Rebel, RN; Jennifer Ferrer, RN; and Lenah Kebaso, PhD, BSN, RN Patient Call Back After New Cancer Diagnosis

Bridgette McNamara, BSN, RN, and Tressa Norton-Rosales, BSN, RN Death in the Emergency Room: Are We Ever Ready?

Jeffery Galyardt, BSN, RN, and Brenda Rodriguez, BSN, RN Patient Lost Belongings

Ann Bullard, RN; Leslie Teran, BSN, RN; and Jaclyn Schmitz, BSN, RN A program for Early Ambulation for Bariatric Patients

November 2-4, 2016

Hospital Quality Institute Annual Conference, Respect, Reliability, Resilience

Kera Arias, BSN, RN

Catching a Killer: Reducing Sepsis Mortality Through Early Detection and Coordinated Response

October 14, 2016

37th UPNAAI Educational Conference, Crossing and Closing the Gap: Nursing Then and Now, League City, TX

Maria Florina Aleth D. Mangosing Ignacio, MSN, RN, NP CCRN, and Kathleen Wheeler, DNP, RN

The Process: Creation and Revision of Hospital Standardized Procedures, Protocols, and Privileges for Nurse Practitioners

October 13-14, 2016

Sigma Theta Tau Odyssey 2016 Conference: Influence to Advance Global Health and Nursing, Ontario, CA

Danuta Wojnar, MSN, RN PENS: Preventing Infections, Never Simpler

October 5-7, 2016 ANCC National Magnet Conference, Orlando, FL

Christine Gustafson, BSN, RN, PCCN; Lenah Kebaso, PhD, BSN, RN; and Anna Lauricella, BSN Turn, Turn, Turn: A Team's 10 Year Journey to Sustain Pressure Ulcer Prevention

Robin Cavaliere, BSN, RN; Daryl Swanson, BSN, RN; and Christy MacKewen, ADN, RN, CRRN E2 (Empowerment & Enculturation): A Professional Practice Model Developed for Nurses by Nurses

July 20-22, 2016 Summer Institute in Nursing Informatics: Informatics at the Crossroads of Care Coordination, Baltimore, MD

Annette Brown, BSN Chasing the Perfect Handoff: The Missing Link to Interoperability

April 21-23, 2016 America Nursing Informatics Association, San Francisco, CA

Annette Brown, BSN

Clinical Communications Transformation – The Power of Secure Smartphones at the Bedside

January 31 – February 3, 2016 Association of California Nurse Leaders 38th Annual Conference: The Power of Us! A Force for Change

Annette Brown, BSN, RN; Margaret Beaman, PhD, RN; and Wendy Edwards, BSN, RN Clinical Communications Transformation Via Secure Smartphones

Christina Wallum, MSN, RN, CRRN, NE-BC, and Dana Rome, BSN, RN, CCRN Rapid Response "Routine Rescue Rounding"

Annette Brown, BSN, RN; Jean Douglas, BSN, RN, ACM; and Cynthia Larocque Chasing the Perfect Handoff

