

bacon egg & cheese croissant

crispy applewood smoke bacon a top a fried egg with cheddar cheese sandwiched between a freshly toasted croissant

6.29

660 calories

quiche lorraine

zucchini, onions, mushrooms, and bell peppers are melted onto swiss cheese and nestled in a to-die-for crust.

6.99

350 calories

spinach tomato quiche

tomatoes, spinach, and parmesan cheese are embraced by melted swiss cheese on top of a flaky egggy crust.

6.99

410 calories

keto bowl

try our keto friendly breakfast bowl; turkey

sausage, egg, cheese & bacon

calories 392, fat 29g, net carbs 2g

add avocado to boost the fat content 1.99

calories 57, fat 5.2g, net carbs .06g

5.29

bagels

3.59

●plain

●everything

●Jalapeño

●asiago

breakfast - served all day!

sausage, egg and cheese sandwich

a warm turkey sausage patty with fresh egg and cheese on an english muffin

5.49

450 calories

vegetarian breakfast sandwich

made on an english muffin with a warm, plant-based sausage patty, egg and cheese

4.79

403 calories

ham, cheese and apricot croissant sandwich

tasty breakfast sandwich on everyone's favorite croissant with swiss cheese, apricot preserves, egg and sliced ham

5.79

660 calories

hours of operation:
monday-friday
7a.m. - 4 p.m.



· café ·



lunch

10:30 a.m.-4:00p.m.

turkey club sandwich

lean roasted turkey, crispy bacon, avocado, lettuce, tomato, and onion — toasted to perfection.

8.49

510 calories

deli ham supreme sandwich

delicately sliced ham, lettuce, tomato, cucumber and onion with a cream cheese spread served on ciabatta roll

9.19

585 calories

tuna salad sandwich

freshly made white albacore tuna salad, topped with lettuce, onions, and tomatoes, toasted to perfection

8.49

610 calories

chicken salad sandwich

classic chicken salad, crispy lettuce, onion and tomato on your choice of warm bread

8.49

440 calories

nova lox bagel

fillet of brined smoked salmon, tomatoes, cream cheese, onion and capers on your choice of bagel

10.99

400 calories

vegetable delight wrap

hummus, tomato, cucumber, bell pepper, leaf lettuce, onion, and avocado on a spinach tortilla wrap

7.99

640 calories

soup special

please ask your server
cashier for today's special
feature

fresh pastries

cheese danish

4.79

280 calories

chocolate chunk brownie

3.69

430 calories

apple filled twist danish

4.79

330 calories

double chocolate chip muffin

4.89

450 calories

banana nut muffin

4.89

430 calories

orange cranberry muffin

4.89

400 calories

chocolate chip cookies

3.79

390 calories

drink of the week

ask our baristas about
our daily special!!!



*Menu is subject to change due to product
availability.*