



## Preparing for Induced Labor

You will be notified by Eisenhower Health's COVID-19 testing clinic for an outpatient appointment three to four days prior to admission. If you have not preregistered for delivery at Eisenhower, please visit [EisenhowerHealth.org/Babies](https://EisenhowerHealth.org/Babies) and register/login to MyChart to preregister.

### Day of Your Procedure

1. If you feel ill or have a temperature the day of the procedure, notify your obstetrician's office and Eisenhower Family Birth Center.
2. Call Eisenhower Family Birth Center at 760-834-7870 to verify your arrival and procedure times.

#### What to bring or wear:

- Bring your identification card and insurance card.
- Leave your medications at home unless otherwise instructed.
- Wear comfortable, loose-fitting clothing that will allow you to dress with ease after giving birth.
- Wear your eyeglasses. Do not wear contact lenses.

#### What NOT to bring or wear:

- Do not wear any jewelry — this includes wedding rings, piercings, toe rings and anklets.
- Do not wear perfume, heavy cosmetics or hairpins.
- Do not bring valuables (including credit cards or cell phones) or large sums of money. We strongly recommend that you take advantage of our free service in which we secure your valuables in the Security Department safe during your stay at Eisenhower Health. Have a friend/family member take possession or leave valuables at home. **Eisenhower Health will not be responsible for lost items if you choose not to have your belongings locked in our safe.**