



## Rekindling the Nursing Spirit

**NURSING BIENNIAL REPORT**  
**2021-2022**



**EISENHOWER HEALTH**  
*EisenhowerHealth.org*

39000 Bob Hope Drive, Rancho Mirage, CA 92270



**EISENHOWER HEALTH**





# 2022 Nursing Annual Report Special Edition

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## Dear Eisenhower Nursing Team,



This biennial report represents the culmination of two years of extraordinary courage, resilience, motivation, and caring. As our format shifts back to recognizing the accomplishments of our team in the previous years, I want to acknowledge that each of these accomplishments is set against the backdrop of a continued fight against COVID-19. During this time period, we continued to take care of patients suffering from COVID-19, rapidly changing practice to keep up with the newest evidence.

We struggled through an unprecedented national shortage of nurses, capacity issues, and despite all of this, each of you continued to show up to care for your patients. In and of itself, that would've been enough, but you each continued to go above and beyond to prove what nurses can do. Despite everything else happening in the hospital, you all completed multiple nursing research projects, many of which went on to national poster or podium presentations, you reinvigorated your unit based councils and shared governance teams, you served as mentors and preceptors for record numbers of new graduate and student nurses, and you served as a beacon of light for your patients.

Each of you not only persevered, you set the bar for professionalism, grace, and empathy. I am grateful for your efforts to continue providing world-class care for the valley and support for each other. Each of you make me proud to call myself an Eisenhower Health Nurse.

With sincerity,

A handwritten signature in black ink that reads "Bfarber" followed by a stylized flourish.

**Ben Farber, DNP, RN, CNL, NEA-BC, CENP**

Vice President, Patient Care Services and Chief Nursing Officer



## Nursing Biennial Report



**Message from Martin Massiello**  
*President and Chief Executive Officer*

Just as I sat down to reflect on what I wanted to write about for this Nursing Biennial Report, the 2023-2024 U.S. News & World Report annual hospital rankings were announced. I was thrilled to see that Eisenhower was ranked the #1 hospital in the Inland Empire, which is comprised of Riverside and San Bernardino Counties, and #12 in the state of California, which is especially impressive given that there are more than 400 hospitals in the state. That puts us in the upper three percent of all California hospitals! This recognition, on the heels of Eisenhower receiving a five star rating from the Centers for Medicare & Medicaid Services (CMS), underscores YOUR commitment to providing the safe, compassionate and high quality care that our valley community has come to expect from Eisenhower Health.

I've always held the belief that to achieve great things it takes a village, and nowhere is that more true than in health systems. Nurses play a unique and intimate role in caring for patients and their families, from the most joyful time in a person's life, such as giving birth, to the most difficult time caring for a patient at the end of life. It's a special privilege that is both rewarding and at times difficult. But in each encounter with a patient, a nurse makes a difference in a person's life with a simple smile, a hand held, an assessment performed or care coordinated. These encounters happen literally thousands of times a day across the health system from the inpatient setting to the outpatient setting and in our clinics across the entire valley.

It is with tremendous gratitude that I reflect on the important and amazing job that nurses do in caring for our patients. My hope is that you feel a profound sense of pride in the contribution you make each and every day to the care of patients, and that you feel valued and heard as you engage in self-governance to ensure that Eisenhower Health provides the best nursing care possible to our community.



**Ken Wheat**  
*Executive Vice President and Chief Operating Officer*

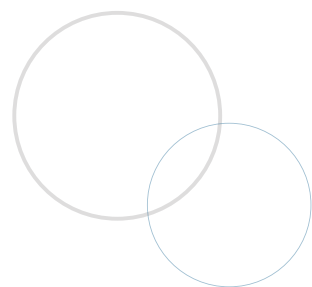
I'm always overwhelmed by the amazing care and compassion our nursing team extends to our patients, and could not be prouder of the quality standard Eisenhower sets in meeting the health care needs of the community. Nursing's commitment to excellence, and constant and never-ending improvement exemplifies all that Eisenhower stands for and is core to our nationally recognized brand of quality and excellence in patient care. My sincere thanks and appreciation to the nursing staff and leadership for all you do every day in caring for our patients and the broader community. You touch our hearts every day.



**Alan Williamson, MD**

*Senior Vice President, Medical Affairs and Chief Medical Officer*

In the years since Eisenhower achieved Magnet® status, first in 2015 and again in 2020, our dedicated nursing staff has continued its unwavering commitment to improving the quality and safety of care to our patients. The combined effort of our exceptional team of nurses, physicians and staff has led to recognitions by The Leapfrog Group, *U.S. News & World Reports* and the Centers for Medicare & Medicaid Services — ranking Eisenhower among the top hospitals in the nation. Most importantly, it has had a positive impact on the lives of our patients and their families. I wish to extend my deepest gratitude to our nursing staff for their continued commitment to excellence in health care and fulfilling the mission and vision of Eisenhower Health.



**Christine N. Johnstone MHA, MSN, RN, PHN**

*Vice President, Ambulatory Division*

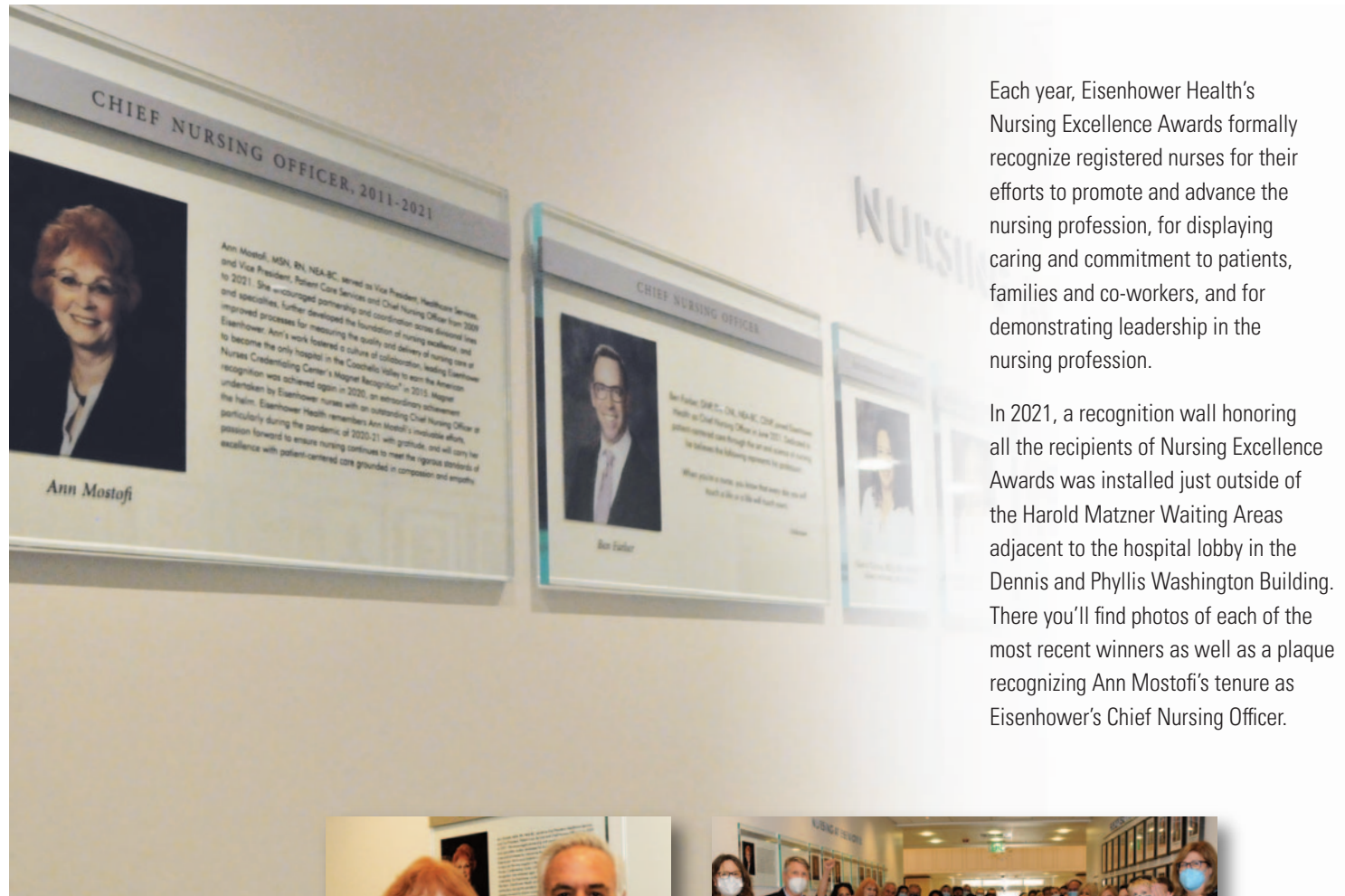
This past year has challenged Nursing in many ways as Eisenhower Health set out to restore balance in our health system in the post-Covid era. Nurses play a critical role in leading adaptation within their outpatient care teams to provide a positive impact on health system recovery. The demands on health care over the past three years, including changes to individual patient self-care routines, created delays in patients obtaining medical care and health screenings. As a result, in 2021 and 2022, the demand for health care services had never been higher. Nurses met the call to action and took innovation to the next level.

For instance, at the Lucy Curci Cancer Center, Nurses have integrated Lean TaaS technology in their patient workflow to aid in improving throughput at Eisenhower's Cancer Infusion Centers by maximizing infusion chair capacity for patients, thereby promoting earlier access to chemotherapy treatments. In Urgent Care, nurses developed specialized testing care teams to bring efficiency to care delivery to respond to the twenty-five percent patient volume growth in that service line. This Urgent Care nursing intervention facilitated care teams not only meeting urgent care service demands but also closing gaps in primary care physician shortages and mitigating the Emergency Department burden. In the Eisenhower Bernice Cohen Infusion Center and Infectious Disease Clinic, nurses led workflow optimization to improve barcoding and safety compliance to improve clinical efficiencies, and implemented pain assessment workflow modifications to better meet patient pain management needs.

As a nurse, an employee, and a community member, I take personal pride in these examples of how outpatient nurses positively impacted care delivered here at Eisenhower Health. Nurses will continue to identify patient care coordination needs and innovate care delivery in the outpatient setting based on the rapidly changing healthcare climate and demand for services. Working collaboratively with providers and other disciplines to meet patient care needs, Nursing has set the stage well for another positive year in outpatient care delivery.



## Nursing Wall of Honor



Each year, Eisenhower Health's Nursing Excellence Awards formally recognize registered nurses for their efforts to promote and advance the nursing profession, for displaying caring and commitment to patients, families and co-workers, and for demonstrating leadership in the nursing profession.

In 2021, a recognition wall honoring all the recipients of Nursing Excellence Awards was installed just outside of the Harold Matzner Waiting Areas adjacent to the hospital lobby in the Dennis and Phyllis Washington Building. There you'll find photos of each of the most recent winners as well as a plaque recognizing Ann Mostofi's tenure as Eisenhower's Chief Nursing Officer.



## 2021 Nursing Excellence Award Winners



**Trisha Pitte, BSN, RN**  
Resource Nursing  
2021 Eisenhower Nurse of the Year  
and RN Inpatient



**Kelley Sykora, LVN**  
Salta Surgery Clinic  
Licensed Vocational Nurse



**Brian McIntyre, RN**  
Emergency Department  
RN Outpatient/Procedural



**Bobbie Bachman, BSN, RN**  
Lucy Curci Cancer Center  
Care Coordination



**Viola Boyle, BSN, RN**  
Lucy Curci Cancer Center  
RN Clinic Division



**Crystal Vestal, DNP, RN, CNOR**  
Surgical Services  
Innovation and Creativity in Nursing



**Kim Hancock, DNP, RN, FNP**  
Emergency Department  
Advanced Practice Nurse



**John (JT) Thompson, PCCN, BSN, BS, PHN**  
Teacher/Patient Advocate

## 2022 Nursing Excellence Award Winners



**Shelia Kato, BSN, RN**  
2N NICU  
2022 Eisenhower Nurse of the Year  
and RN Inpatient



**Jocelyn Avila-Bustos, LVN**  
Primary Care Rimrock  
LVN Primary Care



**Tina Wallum, MSN, RN, CCRN, NE-BC**  
Director, Critical Care  
and Inpatient Dialysis  
2022 Eisenhower Nurse Leader of the Year



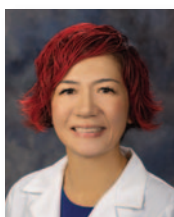
**Dulce Martinez, LVN, OB-ED**  
LVN Specialty Care



**Joshua Harrigan, BSN, RN**  
Cardiac Catheterization Lab  
RN Outpatient/Procedural



**Michelle Rascon, BSN, RN**  
Electrophysiology Lab  
LVN Specialty Care



**Junko Wolff, BSN, RN, CURN**  
Urology Clinic  
RN Clinic Division



**Athena Harrigan, RN, BSN, RN-CV**  
Electrophysiology Lab  
Innovation and Creativity in Nursing



**Fnu (Al) Alfandy, DNP, RN,**  
AGACNP-BC, ANP-BC, CNRN, SCRNP  
Stroke Service  
Advanced Practice Nurse



**Julie Patterson, BSN, RN, OCN**  
Hem/Onc Bighorn Infusion (Argyros)  
Teacher/Patient Advocate

## Mended Hearts Regional Nurse of the Year Award



**John (JT) Thompson, III**  
PCCN, BSN, BS, PHN

*2020 Mended Hearts Regional  
Nurse of the Year Award  
for the Western Region*

John (JT) Thompson, III, PCCN,  
BSN, BS, PHN, was awarded the  
2020 Mended Hearts Regional

Nurse of the Year Award for the Western Region. His nomination was submitted by the local chapter and faced extremely fierce competition, as reported by the national decision committee of Mended Hearts.

The Mended Hearts, Inc. is a national and community-based non-profit organization that has become the largest peer-to-peer heart patient support network in the world, providing more than 230,000 visits each year. Founded in 1953, the organization now has more than 300 local chapters nationwide that partner with 460 hospitals and rehabilitation clinics. Mended Hearts was launched at Eisenhower Health in 2000, one of dozens in the Western Region which includes all west coast states and Utah, Nevada, Alaska and Hawaii.

At the time of this recognition, JT was the charge nurse on 4 South and had been at Eisenhower Health for nine years. He has been very supportive of Mended Hearts' educational and supportive role in the hospital and advocates for the organization with fellow nurses. JT's patients regularly compliment the care he provides as competent, thorough and caring. One of these patients was current President of the Coachella Valley chapter of Mended Hearts, Bill Stark.

Stark came to Eisenhower Health needing a triple bypass and was hospitalized for 20 days. Because of the compassionate care Stark received from JT, he decided to attend his first Mended Hearts meeting just to learn more. "When they asked for volunteers, my hand shot straight up," laughs Stark.

Fittingly, it was Bill Stark who presented JT with the award. JT has proven himself to be a very empathetic care giver, excellent listener and understands that part of his job is to relate well not only to the patient, but the patient's loved ones as well. With his years of experience, he is able to anticipate the many concerns that both the patient and the patient's family have, and he is careful to make sure those concerns are addressed properly and thoroughly.



*Bill Stark (right), President, Mended Hearts of Coachella Valley presents JT Thompson, III, PCCN, BSN, BS, PHN, with the 2020 Mended Hearts Regional Nurse of the Year Award for the Western Region.*



## Beyond the Hospital: Eisenhower Nurses Make a Difference

Community service is ingrained in nurses and other health care professionals, and many feel a responsibility to respond when needed, whether locally, regionally, or internationally. Community service and contributing to the well-being of others seem intrinsic to those in the nursing profession, and that is a legacy worth recognizing and preserving. Eisenhower Health nurses embrace their communities and give back — beyond the walls of the hospital.

### “Go to the People”

Coachella Valley Volunteers in Medicine (CVVIM) is the only free health center in the Coachella Valley that provides medical care for chronic and some acute illnesses to the medically underserved residents of the desert community. Many Eisenhower nurses have donated hundreds of hours and continue to volunteer at CVVIM, both in the clinic and with the Street Medicine program.

The Street Medicine program brings health care to people experiencing homelessness. It fulfills its motto, “Go to the people,” by bringing Eisenhower nurses to encampments at various locations in the desert — from under bridges, to railroad tracks, to the junkyards. Nurses go out weekly, no matter the weather or holiday.

All are volunteers — including physicians, nurses and clerical personnel. All volunteers undergo background checks and have a willingness to offer their time to care for those less fortunate in their community.



Although all of the patients seen by the Street Medicine program are important and memorable, there’s one patient who was unforgettable. This gentleman had health issues that Volunteers in Medicine and Bridges2Hope were able to address and provide the resources to ensure his care. After multiple physician appointments and a 14-hour surgery, his major issue was resolved, and permanent housing was obtained for him. He is now a strong advocate for other unhoused individuals, speaking to them and helping them to find the resources they need as well.

Volunteers in Medicine supports the desert community in other ways as well. For instance, once a month, CVVIM volunteers donate their time for food distribution to the food insecure residents in the Coachella Valley.

### Bridging Hope

One Eisenhower nurse and volunteer, Peggy Grabow, was so inspired by her volunteerism with the Street Medicine program that she decided to start her non-profit organization, Bridges2Hope, which helps connect individuals to resources and provides support and guidance to accomplish lasting change. Her organization works with government agencies, local businesses, and churches to



provide meals, hygiene kits, clothing, assistance with paperwork, and various appointments. The group has been successful in procuring permanent housing for several individuals, as well as addiction treatment services.

### International Assistance

The Vietnam Nurse Project is a volunteer project in which four Eisenhower nurses have been involved for the past six years — teaching and guiding Vietnamese nurses in evidence-based projects. They meet via Zoom, assist the nurses with practice improvement projects, and have had the opportunity to travel to Vietnam multiple times to provide education, work amongst the nurses, and present at various colleges and conferences.

These are but a few of the many ways Eisenhower nurses give their time, money, and supplies. Some volunteer at animal shelters and others at the USO. Nurse volunteers provide rides and holiday meals for active military members. Some serve food at Martha’s Kitchen and many participate in the numerous fundraising events for Alzheimer’s Association®, the American Heart and Stroke Association, AIDS/LifeCycle, and more.



## Eisenhower Health’s LVN to RN Bridge Program

Eisenhower has significantly invested in the community and its own caregivers through establishment of its LVN to RN Bridge Program. As the community has grown, needs have changed, both in types of services offered and in the demand for registered nurses to provide care. Amidst the acute shortage of Registered Nurses nationally, and the long-term shortage of Registered Nurses in the state of California, Eisenhower Health has found a way to increase the pipeline of Registered Nurses from within its walls to serve the changing health care needs of our region. These newly licensed registered nurses will impact nursing practice by contributing to the overall quality of patient care and safety at Eisenhower Health.



Eisenhower Health’s first LVN to RN Bridge Program cohort 2021.



## Communication Geared Toward What Works Best For You

When I came on in June 2021, I didn't anticipate how difficult it would be to quickly connect with the team here, especially in light of the pandemic and continued mask wearing. Staffing remained tight, people were extraordinarily busy, and the facial expression so necessary for human connection was safely protected behind a mask. This made my preferred mechanism for connecting — unscheduled rounds — feel like it was failing to fulfill its intended purpose. It also made the ability to do in-person town halls nearly impossible. Through conversation with multiple directors and bedside nurses and research of best practice, several innovative solutions were developed to allow connection in the way that felt most comfortable for the bedside team.

### Rounding

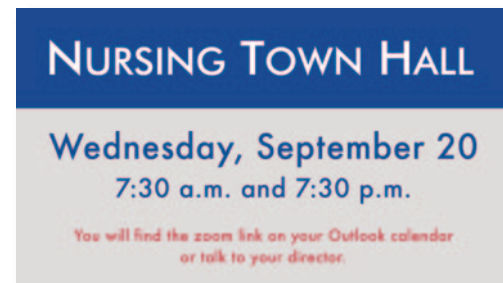


Rounding has been ongoing since my arrival at Eisenhower Health in June 2021. This continues to be an important aspect for connection and

my own learning as it gives me the opportunity to have one-on-one conversations, learn about each of you, and address issues that you aren't comfortable addressing in larger scale formats. Since starting, I've also developed regular night shift rounding schedules, allowing me to learn about needs of the night shift, which are often different from day shift needs.

### Virtual Town Hall Meetings

Virtual Town Halls were launched on November 17, 2021. These occur at 7:30 a.m. and 7:30 p.m. every other month and are a large-scale meeting format allowing me to share relevant data and take questions from the nursing team across the organization. Using a Zoom link has allowed for participation from home or from the unit, and has included celebrations, announcements of upcoming changes, transparent discussions on open positions, turnover rates, and recruitment, and time to ask questions. The feedback from the Town Halls has been incredibly valuable. Some of the feedback gleaned has led to sweeping changes in the organization, including COVID-19 patient cohorting changes and ensuring our employed team members are not getting cancelled from shifts when travelers are working.



### Coffee with the CNO

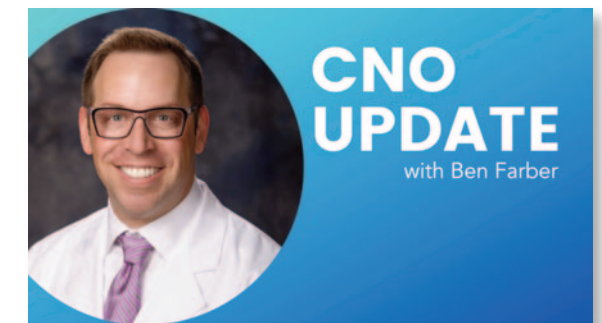
Coffee with the CNO was launched on April 20, 2022. This small group meeting format takes place on specific units and is open to the caregivers in that unit, as well as anyone else who wishes to attend. Coffee is provided and the meeting format is an unscripted opportunity to share what is going on, what is going well, where our opportunities are, ask questions, and offer suggestions. They have been well received and resulted in many fixes for small and large unit-specific equipment issues. Conversations have led to large-scale pillow orders, bladder scanners, new computer trials, and even things like coffee makers being fixed or replaced. These have also allowed feedback to be escalated that have led to changes in the nursing clinical ladder, workflow redesigns, and staffing changes.



### CNO Updates on IkeNet

Video updates began on March 28, 2022. After hearing from many caregivers how difficult it can be to get through email, I worked with the Marketing and Public Relations team to develop an alternative format for regular announcements. These videos are released about every three weeks and cover changes that will affect multiple departments as well as announcements that need to reach the broad nursing community at Eisenhower. They are typically between two to four minutes long and have covered everything from survey announcements to Nurses Week to celebrations of nurses during heritage months. These videos are meant to be a quick stop for relevant information to our team.

Overall, moving toward a more comprehensive plan utilizing technology has given me the opportunity to present information in varying formats. Hopefully one of them works well for you. I'm so grateful to work for this organization and am glad to have this variety of technology at my fingertips to share with you all.





Susan Veldey, MSN, RN, CEN



JT Thompson, PCCN, BSN, BS, PHN

Podium Presentation:  
44th Annual ACNL Conference  
February 2022 - Anaheim, CA

## Central Monitoring Unit: Is a Central Monitoring Unit Right for You?

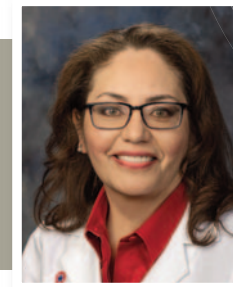
There are approximately 292,000 in-hospital cardiac arrests per year (American Heart Association CPR Guidelines: quick action, more teamwork key to saving more lives, 2020). An in-hospital cardiac arrest has a 20% survival rate; with every minute that intervention is delayed, the chances for survival of the event decreases by 7% (Bircher, 2019).

A central monitoring unit improves patient safety through early identification of any EKG changes, decreases alarm fatigue, streamlines workflows, improves communication and patient throughput, improves device management, and provides a comprehensive reporting system. An interdisciplinary team consisting of clinical nurses, physicians, respiratory therapists, biomedical engineers, clinical educators, information systems, and nursing leadership determined that a phased-in approach for implementation with individual units would be most effective, allowing the team to evaluate each implementation using a SWOT analysis to improve continued rollout process.

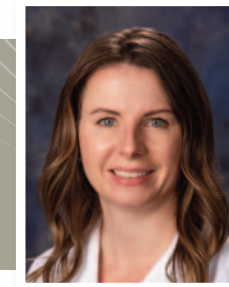
The project has demonstrated a decrease in response times and an increase in rapid response activations. Survival from inpatient unit to intensive care unit has increased, as well as earlier intervention times. Dedicated staff mean less distractions. The unit secretary/monitor technician position was eliminated which separated a technical/soft skill position into two positions with a better defined and focused skill set. From the standpoint of the interdisciplinary team, there is a more cohesive and focused effort on patient outcomes and safety.

Project outcomes have been numerous:

- Code Blue survival rate has increase from 34.5% to 56.7%
- Time to first shock after Code Blue has decreased from 10.0 minutes to 5.0 minutes
- Time to the first dose of epinephrine has decreased from 15.65 minutes to 1.68 minutes



Marielena Cid, MSN, RN, CDCES



Lindsay Guenther, BSN, RN

Podium Presentation:  
2022 AONL Conference  
April 2022 - San Antonio, TX

Poster Presentation:  
ANCC Magnet Conference  
October 2022 - Philadelphia, PA

## Ditch the Stick: Continuous Glucose Monitoring with COVID-19 Inpatients

The COVID-19 pandemic created a demand for innovation and use of technology as hospitals were looking for ways to minimize COVID-19 exposure. The Nurse Manager of our Diabetes Education Services learned about the FDA's approved use of continuous glucose monitoring technology with COVID-19 inpatients. These patients experienced steroid induced hyperglycemia secondary to the use of steroids, a proven choice of treatment for those with moderate to severe disease. Through the use of continuous glucose monitoring technology, nurses were able to monitor and track glucose activity while avoiding the often painful in-person finger sticks. A Nursing Standardized Procedure was developed which permitted clinical nurses to utilize this technology on any COVID-19 patient with orders for insulin administration and glucose testing by finger stick. Following approval by the Interdisciplinary Practice Committee and the Medical Staff, clinical nurses received necessary education and competency validation to successfully implement this technology.

The technology consists of an externally-worn glucose sensor that continuously measures glucose levels and displays values to the user. The sensor which is placed on

the back of the upper arm, has a small flexible metal wire that goes just below the skin where it generates a small electrical signal in response to the amount of sugar that is present in fluid under the skin (interstitial glucose). This electrical signal is converted into a blood sugar reading which can be measured by a quick scan using a reader. The reader was left in the patient's room. The patient received education regarding the sensor and use of the reader. Patients were encouraged to monitor their blood sugar levels and alert their nurse for any major fluctuations. The use of this innovative technology not only permitted patients to have a sense of control when they felt powerless in managing their illness but allowed clinical nurses to protect and monitor their patients by limiting COVID-19 exposures (patient were able to scan their sensor and show the scanner reading to their nurse who is outside the room). Additional outcomes that were achieved included conserving personal protective equipment, reducing nursing care hours per patient day, and improving patient satisfaction. At the peak of the pandemic with 190 hospitalized COVID-19 patients, over 100 patients were using continuous glucose monitoring technology.



Beverley Ingelson, PhD(c), MSN, MSHA, RN, NE-BC  
 Debbie Hiestand, MSN, RN, CAPA  
 Pinthosorn Pattayakorn, PhD, RN  
 Eleanor Rose, BSN, RN, CCRN  
 Ryan Patterson, BSN, RN, SCRN  
 Dixon Bennett, MSN, MA, EdM  
 RN, NE-BC

*Podium Presentation:*  
 44th Annual ACNL Conference  
 February 2022 – Anaheim, CA

*Podium Presentation:*  
 Annual AONL Conference  
 April 2022 – San Antonio, TX

*Podium Presentation:*  
 55th Annual Western Institute of  
 Nursing Research Conference  
 April 2022 – Portland, OR

*Podium Presentation:*  
 33rd Sigma's International  
 Nursing Research Congress  
 July 2022 – Edinburgh, Scotland, UK



*Michelle Moya-Hordynski, DNP, RN, CLC*

*Podium Presentation:*  
 5th Annual Nursing Congress  
 Evidence-Based Practice and Nursing Research  
 November 2022 – Rancho Mirage, CA

## The Impact of the COVID-19 Pandemic on Nurses Compassion and Burnout.

The COVID-19 pandemic has created unprecedented challenges for healthcare organizations across the world. Uncertainty and changes in care priorities can lead to high levels of moral distress and burnout. Moral pain, compassion fatigue, and burnout have long-lasting effects on patient care and nurse retention. A team of nurses felt it was essential to examine and measure how nurses on the frontline daily were feeling. Capturing as much information about short- and long-term effects would provide information for future mitigation and care for the nurses carrying the burdens of the pandemic every day. The team embarked upon research using a survey and one-one interviews of nurses that assessed the nurses' self-perceived feelings of compassion fatigue, satisfaction, and burnout. The team conducted the study during two peak waves over the course of the first year of the pandemic. Nurses from the inpatient, outpatient, ambulatory, and clinic areas participated in the project. Several nurses volunteered to

participate in interviews where they could describe their experiences. Results of the surveys showed trends toward nurse burnout; however, nurses retained positive scores for compassion satisfaction. During individual interviews, nurses identified that they were experiencing emotional exhaustion, fear for themselves and their loved ones, and feelings of isolation. They expressed grief for the families isolated from their loved ones as they attended to the patient's illness. They also noted that when caring for patients during this intense time, they felt gratified and needed by the patients and loved ones. As the team analyzed and began sharing their findings, they received invitations to present at regional, national, and international conferences through podium presentations.

Nurses have traversed this "once in a lifetime" event, finding support as they heal and journey toward peace. They often visit Eisenhower Health's onsite memorial in reflection... "We will never forget."

## Educating Maternal Child Nurses on the Purpose and Benefits of Donor Breast Milk

Human Breast Milk is recognized for its many benefits to the physical and emotional health of the mother and infant. However, breast-feeding is often abandoned prematurely by many controllable and uncontrollable factors. Donor Breast Milk is an underutilized viable option that supports mothers' breast-feeding efforts. When asked, mothers said they didn't know that donor breast milk was an option, they had misinformation about the safety of donor breast milk, and did not know where they might have access to it. In response, in 2022-2023, the World Health Organization convened a group of experts to develop guidelines and policies to establish and implement human milk banking systems.

The Eisenhower Health Family Birth Center opened in May 2021 to serve growing families in the Coachella Valley and the surrounding area. Education and support for infant nutrition begin immediately after the baby's birth. Maternal Child nurses assist mothers as they transition into their new responsibilities, emphasizing the family's education. Initially,

exclusive breast-feeding rates for infants born in the new center were relatively low. Michelle Moya-Hordynski, DNP, RN, CLC, recognized an opportunity to improve the nurses' knowledge about the benefits of breast-feeding and the use of donor breast milk when needed. This information would then be passed onto the new family. Michelle developed a comprehensive educational program that provided information on exclusive breast-feeding and donor breast milk availability, safety, and use. The project was well received. Breast-feeding and the use of donor breast milk rates improved almost immediately. Michelle's passion for the health of mothers and infants also reflects the Family Birth Center's Maternal Child nurses' desire to provide the highest quality care, while providing the best information possible to all their patients. Following this project, there has been a renewed commitment to support and share information about breast-feeding and the use of donor breast milk with all families that chose Eisenhower Health as the place to start their new life.





Pinthusorn Pattayakorn, PhD, RN, SCRNP



Kattiya Podimuang, MBA, BSN, RN

Podium Presentation:  
25th SIGMA SoCal Odyssey Research Conference  
December 2021 – Ontario, CA

Podium Presentation:  
5th Annual Nursing Congress  
Evidence-Based Practice  
and Nursing Research  
November 2022 – Rancho Mirage, CA

## The Effect of Meditation on Sleep Quality of Hospitalized Older Adults in Telemetry Units

Sleep is an important factor that promotes people’s health and well-being as it is a fundamental part of the restorative process. There are various methods to promote sleep for the people including pharmacological and non-pharmacological methods. Pharmacological methods like using sleeping medications can provide sleep, however its side effect is not desirable. Meditation is a form of mental training that induces a physiologically quiescent bodily state. It is one of the non-pharmacological methods used to promote sleep for older people. However, no studies on the effect of meditation on the sleep quality of hospitalized older adults on the Telemetry Units were found.

This research study aimed to test the effect of meditation on sleep quality of hospitalized older adults in the telemetry units.

Quasi-experimental research design was used in this study. Sample in this study were older adults who admitted in the telemetry units and met the inclusion criteria. After completing the informed-consent process, sixty-six participants were randomly assigned into two groups: control group (n=36), and intervention (n= 30). The meditation intervention was given to the intervention

group via the Oak Application on the IPAD consists of the instruction with the music background for 10 minutes. Participants listened to the meditation instruction and practiced it until falling asleep. The 15-item Verran-Snyder-Halpern (VSH) Sleep Scale was used to measure sleeping quality at pre-test and post-test and routine vital signs were measured as the physiologic outcomes at 08:00 pm, midnight and 04:00 am. The VSH Sleep Quality scale had Alpha Cronbach reliability.85, and .86 for pre-test and post-test respectively.

After practicing meditation, the participants had non-significant mean scores of total sleep quality higher than before practicing the meditation (P>.05). There was a non-significant difference of mean scores of sleep quality between the control group and intervention group (P>.05). Physiologic parameters were not different among the groups (p>.05). In summary, meditation was not an effective method to promote sleep quality for older adults admitted in the telemetry units. Meditation did not have a physiologic effect on the older people in this study. This study indicated that mediation does not fit to use as a non-pharmacological method to promote sleep for the hospitalized older adults in double-bed rooms on telemetry units.



Danuta Wojnar DNP, RN, CCRN, ACUE

Podium Presentation:  
26th Annual Sigma SoCal Odyssey  
Research Conference  
October 2022 – San Diego, CA

Podium Presentation:  
International Scientific  
and Training Conference  
October, 2022 – Auschwitz, Poland

Podium Presentation:  
5th Annual Nursing Congress  
Evidence-Based Practice  
and Nursing Research  
November 2022 – Rancho Mirage, CA

## The Opioid Overuse Prevention in Hospitalized Patients

Chronic pain increases with age, especially in persons aged 65 and over (Dahlhamer, et al., 2018). Nonpharmacologic strategies and nonopioid therapies are preferred for patients experiencing chronic noncancer pain (CDC, 2021). The overuse of opioids and the underuse of nonpharmacologic pain control measures are the main reason for the opioid crisis in the U.S. (Wilson et al., 2020). The goal was to determine whether the implementation of the American Holistic Nurses Association’s Pain Relief Toolkit for Patients & Self-Care: Progressive Muscle Relaxation would impact the patient pain level and the number of administered opioid doses in elderly patients diagnosed with chronic noncancer pain when compared to current practice in an acute care hospital in southern California.

A quantitative methodology and a quasi-experimental design were used. Albert Bandura’s self-efficacy theory and Lewin’s change theory were the theoretical underpinnings of the project. The sample was selected from all patients admitted for observation with a recorded history of chronic noncancer pain using the convenience sampling method. The total sample size was 60 patients

(n = 30 in the comparison group and n = 30 in the implementation group). Data on pain levels were measured by the Numeric Rating Scale, and data on opioid use were obtained from the electronic health record. The Numeric Rating Scale demonstrates criterion-related validity with the functional pain assessment scale used in hospitalized patients with chronic pain (Arnstein, et al., 2019) and moderate reliability (0.67), with a minimum detectable change of 2.6 and a minimum clinically significant difference of 1.5 in patients with neck pain (Young, et al., 2019).

Results demonstrated that implementing the Progressive Muscle Relaxation intervention enhanced chronic pain control, reduced the number of opioid doses, and prevented undesired potential complications related to opioid use. There was a significant reduction in pain and number of administered opioid doses; an increase in the number of pain assessments between the comparison and the intervention group; and an increase in usage of the nonpharmacological pain-control strategies in the intervention group compared to the comparison group.



Podium Presentation  
5th Annual Nursing Congress  
Evidence-Based Practice  
and Nursing Research  
November 2022 – Rancho Mirage, CA

Laurie Hannan-Reagan, DNP, FNP-C

## Evaluating Transgender Knowledge, Attitudes, and Beliefs Among Advanced Practice Provider

In 2016, more than 1.4 million people in the United States and an estimated 25 million worldwide identified as transgender. Published reports note that there is widespread insensitivity and inappropriate treatment for the transgender population in a variety of healthcare settings. When transgender patients seek health care, they often experience cultural insensitivity and workers that lack clinical knowledge specific to their needs.

Laurie Hannan-Reagan, an Advance Practice Registered Nurse at Eisenhower Health identified an opportunity to improve knowledge and increase understanding and awareness of the unique needs of transgender individuals. She developed a pilot project to test an educational intervention's impact on the knowledge level and cultural sensitivity of nurses who care for transgender patients. She implemented the project with the Advance Practice Registered Nursing team at Eisenhower Health. The program was successful and well-received by participating nurses. It consisted of an educational session that also addressed cultural sensitivity. The program's impact was measured using a survey the nurses completed before

and after the educational session. Survey results provided information about the nurse's knowledge level and personal perceptions of cultural sensitivity. The results were compelling, noting significant increases in knowledge levels.

Eisenhower Health believes in providing culturally sensitive, appropriate care to the entire community served. This pilot project highlighted gaps in general knowledge, attitudes, and beliefs related to the care of transgender patients. Following program completion, there has been increased awareness of the need for increased education proliferating throughout the organization. Based on this project's positive, impactful results, the program will expand, offering educational opportunities for staff to learn about this underserved community. As the team works to understand the lived experiences of the transgender community, they are creating a lifelong process of reflection and awareness of one's attitudes and beliefs, a pivotal step to providing care with cultural humility and sensitivity for this underserved population.



Podium Presentation:  
ANCC National Magnet Conference 2022  
October 2022 – Philadelphia, PA

Tikva Krindle, BSN, RN, CCRN; Indira Ceranic-Maric, BSN, RN  
Caylin Cavazos, BSN, RN and Logan Moyer, RN

## Yes, Mechanically Ventilated Patients Can Be Ambulated!

Immobility secondary to prolonged mechanical ventilation is associated with complications such as ventilator-associated events, delirium, and pressure injuries. A vast body of evidence highlights the importance of mobilizing mechanically ventilated patients early in their recovery. An essential component of Eisenhower Health's Coeta and Donald Baker Foundation Nurse Residency Program is supporting new nurses in developing and implementing a project based on nurses' best practice guidelines. Based on proven research, these projects inspire improvements in patient care. The Nurse Director of Critical Care hired a group of nurses into the Nurse Residency Program in the fall of 2020. This group was excited to begin their career in Critical Care. Working closely with their unit director, nurse colleagues, and interprofessional team members, including respiratory therapists, physical therapists, occupational therapists, critical care physicians, and resident doctors, they identified an opportunity to implement a process to ambulate mechanically ventilated patients using a structured step-by-step program. They based their project on the American Association of Critical-Care Nurses endorsed ABCDEF bundle. Given the challenges that

Podium Presentation:  
5th Annual Nursing Congress  
Evidence-Based Practice  
and Nursing Research  
November 2022 – Rancho Mirage, CA

existed during this time related to the COVID-19 pandemic, this was a monumental task. The new graduate nursing team persisted in working through many logistical obstacles. As the project progressed through various stages and phases of their implementation, they celebrated their successes with not only their nurse colleagues but the many inter-professional team members. They witnessed the value of their efforts, as they saw mechanically ventilated patients who walked early in their recovery period be taken off the ventilator in less time. These patients progressed quickly to discharge from the hospital. As a result, the critical care nursing team, physicians, and interprofessional team members have prioritized early ambulation in care for mechanically ventilated patients. Organizers for the 2022 Annual Magnet Conference selected the project for one of their breakout sessions. These Eisenhower Nurses proudly took the national stage as they presented their successes, sharing the value of shared governance when Magnet Nurses use their voices for patient-centered care.

# Disseminaton Of The Nursing Organization's New Knowledge, Innovations and Improvements To Internal and External Audiences 2022 Podium and Poster Presentations

## 2021 Podium Presentations

**February 9 – 12, 2021**

Association of California Nurse Leaders Annual Conference  
Monterey, California

*Orientation Reimagined*

Susan Veldey, MSN, RN, CEN,  
Clinical Educator/Informaticist

Casey Curb, BSN, RN, NPD-BC,  
Clinical Educator/Informaticist

Craig Eaton, MSN, RN,  
CMSRN, RN-BC,  
Clinical Educator/Informaticist

Doris Velasquez, MSN, RN,  
CMSRN, CCCTM,  
Clinical Educator/Informaticist

Christy MacKewen, BSN, RN, CRRN,  
Clinical Educator/Informaticist

**December 2 – 3, 2021**

25th Sigma SoCal Odyssey  
Research Conference  
Ontario, California

*The Effect of Music Therapy on  
Sleep Quality of Hospitalized  
Older Adults in Telemetry Units*

Pinthusorn Pattayakorn, PhD, RN,  
SCRN, Clinical Nurse,  
3 North Neurological

Kattiya Podimuang, BSN, RN, Clinical  
Nurse, 3 North Neurological

## 2021 Poster Presentations

**February 9 – 12, 2021**

Association of California Nurse Leaders Annual Conference  
Monterey, California

*Do Patients with Hip Fractures  
and Dementia Perceive Less Pain  
than Patients Without Dementia  
When Admitted to the  
Emergency Department?*

Beverley Ingelson, PhD(c), MSN,  
MHSA, RN, NE-BC,  
Director, Nursing Research

**May 10 – 14, 2021**

2021 Wound Healing Society  
(WHS) Virtual Meeting,  
Symposium on Advanced  
Wound Care (SAWC) Spring  
Meeting and European Tissue  
Repair Society (ETRS)

*Electronic documentation of  
2 RN skin assessment to support  
evidence-based practice and  
nursing documentation of the  
prevention of pressure injuries*

Barbara Fulmer, MSN, RN, GNP-BC,  
CWCN-AP, COCN, CCCN,  
Manager Inpatient Wound Care

Jeanne Johnson, BSN, RN,  
WOCN, CFCN,  
Inpatient Wound Care Specialist

**May 31, 2021**

National Association of  
Orthopaedic Nurses (NAON)  
41st Virtual Annual Congress

*Improving Patient Satisfaction  
with BONES (1st Place Winner,  
Education Category)*

Shauna Elleman, MSN, RN, CWCN,  
ONC, Nursing Director,  
4 North Orthopedic Surgery

Yasmine Ong, BSN, RN, ONC, Clinical  
Nurse, 4 North Orthopedic Surgery

**November 11 – 13, 2021**

ANCC National Magnet  
Conference 2021  
Atlanta, Georgia

*Promoting Oncology Nurse  
Certification in a Community  
Cancer Center*

Laura Latham, MSN, RN, OCN,  
Clinical Director,  
Eisenhower Lucy Curci Cancer Center  
Infusion Services

## 2022 Podium Presentations

**February 6 – 9, 2022**

Association of California Nurse  
Leaders Annual Conference  
Anaheim, California

*Central Monitoring Unit:  
Is a CMU right for you?*

Susan Veldey, MSN, RN, CEN,  
Clinical Director,  
4 South Cardiovascular

JT Thompson, PCCN, BSN, BS, PHN  
Clinical Coordinator,  
4 South Cardiovascular

**February 6 – 9, 2022**

Association of California Nurse  
Leaders Annual Conference  
Anaheim, California

*The Impact of COVID-19 Pandemic  
on Nurse Compassion,  
Burnout and Moral Distress*

Beverley Ingelson, PhD(c),  
MSN, MHSA, RN, NE-BC,  
Director, Nursing Research

Debbie Hiestand, MSN, RN, CAPA,  
RN Practice Manager,  
Salta General Surgery Clinic

**April 11 – 14, 2022**

American Organization  
for Nursing Leadership  
San Antonio, Texas

*Ditch the Stick: Continuous  
Glucose Monitoring with  
COVID-19 Inpatients*

Marielena Cid, MSN, RN, CDCES,  
Manager, Diabetes Education Services

Lindsay Guenther, BSN, RN,  
Director, 4 East Medical/Surgical  
and Pediatrics

**April 11 – 14, 2022**

American Organization  
for Nursing Leadership  
San Antonio, Texas

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Burnout and Moral Distress*

Debbie Hiestand, MSN, RN, CAPA,  
RN Practice Manager,  
Salta General Surgery Clinic

Eleanor Rose, BSN, RN, CCRN,  
Clinical Educator, ICU

**April 6 – 9, 2022**

2022 Western Institute  
of Nursing (WIN) Conference  
Portland, Oregon

*The Impact of COVID-19 Pandemic  
on Nurse Compassion,  
Burnout and Moral Distress*

Beverley Ingelson, PhD(c), MSN,  
MHSA, RN, NE-BC,  
Director of Nursing Research

Pinthusorn Pattayakorn, PhD, RN,  
SCRN, Clinical Nurse,  
3 North Neurological

**July 21 – 25, 2022**

33rd Sigma's International  
Nursing Research Congress  
Edinburgh, Scotland, UK

*The Impact of COVID-19 Pandemic  
on Nurse Compassion,  
Burnout and Moral Distress*

Beverley Ingelson, PhD(c),  
MSN, MHSA, RN, NE-BC,  
Director, Nursing Research

Eleanor Rose, BSN, RN, CCRN,  
Clinical Educator, ICU



## 2022 Podium Presentations

### October 13 – 15, 2022

ANCC National Magnet Conference 2022  
Philadelphia, Pennsylvania

*Yes, Mechanically Ventilated Patients Can Be Ambulated!*

Tikva Krindle, BSN, RN, CCRN, Clinical Nurse, ICU

Indira Ceranic-Maric, BSN, RN, Clinical Nurse, ICU

Caylin Cavazos, BSN, RN, Clinical Nurse, ICU

Logan Moyer, RN, Clinical Nurse, ICU

### October 13 – 14, 2022

26th Annual Sigma SoCal Odyssey Research Conference  
San Diego, California

*The Opioid Overuse Prevention in Hospitalized Patients*

Danuta (Dee) Wojnar DNP, RN, CCRN, ACUE

### October 18 – 20, 2022

International Scientific and Training Conference  
Auschwitz, Poland

*The Opioid Overuse Prevention in Hospitalized Patients*

Danuta (Dee) Wojnar DNP, RN, CCRN, ACUE

### November 7, 2022

Eisenhower Health Fifth Annual Nursing Research Symposium  
Rancho Mirage, California

*Educating Maternal Child Nurses on the Purpose and Benefits of Donor Breast Milk*

Michelle Moya-Hordynski, DNP RN, CLC

### November 7, 2022

Eisenhower Health Fifth Annual Nursing Research Symposium  
Rancho Mirage, California

*The Impact of COVID-19 Pandemic on Nurse Compassion, Burnout and Moral Distress*

Debbie Hiestand, MSN, RN, CAPA, RN Practice Manager, Salta General Surgery Center

Eleanor Rose, BSN, RN, CCRN, Clinical Educator, ICU

### November 7, 2022

Eisenhower Health Fifth Annual Nursing Research Symposium  
Rancho Mirage, California

*Ditch the Stick: Continuous Glucose Monitoring with COVID-19 Inpatients*

Marielena Cid, MSN, RN, CDCES, Manager, Diabetes Education Services

Lindsay Guenther, BSN, RN, Director, 4 East Medical/Surgical and Pediatrics

### November 7, 2022

Eisenhower Health Fifth Annual Nursing Research Symposium  
Rancho Mirage, California

*Nurse Practitioner – Led Transient Ischemic Attack (TIA) Clinic*

Al (Fnu) Alfandy, DNP, APRN, AGACNP-BC, ANP-BC, CNRN, SCRNP, Nurse Practitioner, Stroke Service

### November 7, 2022

Eisenhower Health Fifth Annual Nursing Research Symposium  
Rancho Mirage, California

*Evaluating Transgender Care Knowledge, Attitudes, and Beliefs Among Health Care Providers*

Laurie Hannan-Reagan, DNP, FNP-C, Nurse Practitioner, Family Medicine

### November 7, 2022

Eisenhower Health Fifth Annual Nursing Research Symposium  
Rancho Mirage, California

*Implementation of Progressive Muscle Relaxation (PMR) Intervention to Decrease the Opioid Usage*

Danuta Wojnar, DNP, RN, CCRN, ACUE

### November 7, 2022

Eisenhower Health Fifth Annual Nursing Research Symposium  
Rancho Mirage, California

*The Effect of Meditation on Sleeping Quality of Older Adults Hospitalized on Two Telemetry Units*

Pinthusorn Pattayakorn, PhD, RN, SCRNP, Clinical Nurse, 3 North Neurological

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*Yes, Mechanically Ventilated Patients Can Be Ambulated!*

Tikva Krindle, BSN, RN, CCRN, Clinical Nurse, ICU

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### February 6 – 9, 2022

Association of California Nurse Leaders Annual Conference  
Anaheim, California

*Confidence through the Eyes and Perspective of a New Graduate Nurse*

Doris Velasquez, MSN, RN, CMSRN, CCCTM, Clinical Educator/Informativist

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### November 7, 2022

Eisenhower Health Fifth Annual Nursing Research Symposium  
Rancho Mirage, California

*Because We Care(s)*

Marissa Krause, RN, Clinical Nurse, 3 East

Megan Sanders, BSN, RN, Clinical Nurse, 3 East

Lorena Tan, BSN, RN, Clinical Nurse, 3 East

### November 7, 2022

Eisenhower Health Fifth Annual Nursing Research Symposium  
Rancho Mirage, California

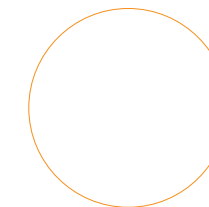
*Bedside Mobility Assessment Tool (BMAT)*

Jennifer Garcia-Lopez, MSN, RN, Clinical Nurse, 3 North

Tanya Martinez, RN, Clinical Nurse, 3 North

Heidi Vargas, BSN, RN, Clinical Nurse, 3 North

Kathrine Wijaya, RN, 3 North



## 2022 Poster Presentations

### November 7, 2022

Eisenhower Health Fifth Annual Nursing Research Symposium  
Rancho Mirage, California

#### *BeFast! Act Fast!*

Veronica Velez, BSN, RN,  
Clinical Nurse, 4 South

Efrain Rosales, BSN, RN,  
Clinical Nurse, 4 South

Kathryn Aslanyan, BSN, RN,  
Clinical Nurse, 4 North

### November 7, 2022

Eisenhower Health Fifth Annual Nursing Research Symposium  
Rancho Mirage, California

#### *Care of the Transgender Patients in the Emergency Department*

Sierra Boettcher, RN, Clinical Nurse,  
Emergency Department

Kelsey DeKenipp, BSN, RN, Clinical Nurse,  
Emergency Department

Hayde Figueroa, RN, Clinical Nurse,  
Emergency Department

### November 7, 2022

Eisenhower Health Fifth Annual Nursing Research Symposium  
Rancho Mirage, California

#### *Cardiac Rehab Referral Placed Prior to Discharge*

Lydia Vincent, BSN, RN, Chest Pain Coordinator,  
Cardiac Services

Melissa Mead, BSN, RN, Director,  
Renker Wellness Center,  
Cardiac Services

### November 7, 2022

Eisenhower Health Fifth Annual Nursing Research Symposium  
Rancho Mirage, California

#### *Confidence Through the Eyes and Perspective of a New Graduate Nurse*

Doris Velasquez, MSN, RN, CMSRN, CCCTM,  
Clinical Educator/Informativist,  
Center for Professional Development

Christy MacKewen, BSN, RN, CRRN,  
Clinical Educator/Informativist,  
Center for Professional Development

### November 7, 2022

Eisenhower Health Fifth Annual Nursing Research Symposium  
Rancho Mirage, California

#### *Early Deterioration Signs*

Nannette Elizondo, BSN, RN,  
Clinical Nurse, 2 North, LDRP

Amy Prewitt, RN,  
Clinical Nurse, 2 North, LDRP

Bibiana Rodriguez, RN,  
Clinical Nurse, 2 North, LDRP

### November 7, 2022

Eisenhower Health Fifth Annual Nursing Research Symposium  
Rancho Mirage, California

#### *Heart Failure Clinic Follow-Up Appointment Scheduled Prior to Discharge*

Sheenah Fernandez, BSN, RN, CCRN,  
Heart Failure Program Coordinator,  
Cardiac Services

Damon Kelsay, MD, Cardiologist

Carla Weafer, MSN, RN, FNP-BC,  
Cardiology

Johann Gray, MD, Internal  
Medicine/Hospitalist

### November 7, 2022

Eisenhower Health Fifth Annual Nursing Research Symposium  
Rancho Mirage, California

#### *Improvement of Guidelines Directed Medical Therapy Prescribed at Discharge for Patients Post Percutaneous Intervention*

Lynna Egan, BSN, RN, Quality Outcome Analyst,  
Cardiac Services

Tina Gerth, MSN, RN, Manager,  
Special Procedures Unit

### November 7, 2022

Eisenhower Health Fifth Annual Nursing Research Symposium  
Rancho Mirage, California

#### *Make the Bladder Gladder*

Ashley Lopez, BSN, RN,  
Clinical Nurse, 4 North

Kymberly Gutierrez, RN, Clinical Nurse,  
4 North

Heriberto Esparza, RN, Clinical Nurse,  
Resource Nursing Pool

### November 7, 2022

Eisenhower Health Fifth Annual Nursing Research Symposium  
Rancho Mirage, California

#### *Nobody's Got Time for Sepsis*

Jared Davila, BSN, RN, Clinical Nurse,  
Emergency Department

Amrit Mangat, BSN, RN, Clinical Nurse,  
Emergency Department

Amy Montoya, MSN, RN, Clinical Nurse,  
Emergency Department

### November 7, 2022

Eisenhower Health Fifth Annual Nursing Research Symposium  
Rancho Mirage, California

#### *Walk, Breath, SCDs*

Rachel Homuth, BSN, RN,  
Clinical Nurse, 2 East

Nicholas Putrasahan, BSN, RN,  
Clinical Nurse, 2 East

### November 7, 2022

Eisenhower Health Fifth Annual Nursing Research Symposium  
Rancho Mirage, California

#### *Wipe our WOWS*

Aliya Carrillo, RN,  
Clinical Nurse, 4 East

Paige Buccola, BSN, RN,  
Clinical Nurse, 3 South

Risa Jove Sac, BSN, RN,  
Clinical Nurse,  
Special Procedures Unit

Francisco Sanchez, BSN, RN,  
Clinical Nurse,  
Emergency Department

## AWARDS

In 2021, American Excess Insurance Exchange, RRG (AEIX), awarded Eisenhower Health a grant in the amount of \$12,000 for its project, "Nurse-directed protocols for the Removal of Telemetry Monitors". Establishing evidence-based criteria for telemetry monitoring utilizing published criteria from the American Heart Association and the American College of Cardiology will minimize inappropriate and/or extended use of telemetry admissions in our hospital. The project includes an original innovative strategy using nursing standardized procedures (nurse driven protocols) for the removal of telemetry based upon evidenced based criteria approved by the medical staff. This process facilitates timely availability of telemetry beds and result in decompression of Emergency Department (ED) volume and ED admission holds.

## The Coeta and Donald Barker Foundation Nurse Residency Program at Eisenhower Health

The Coeta and Donald Barker Foundation Nurse Residency Program at Eisenhower Health is accredited by the American Nurses Credentialing Center's Commission on Accreditation in Practice Transition Programs. Initial program accreditation was received in August 2018 and the program was reaccredited in November 2021. Two to three cohorts are admitted annually. During 2021 and 2022 there were 89 graduates.

**Graduates 2021 = 40 RNs**

**Graduates 2022 = 49 RNs**

New graduates are the largest source of registered nurses available for recruitment. The design and goals of Eisenhower Health's Nurse Residency Program are to increase competence, leadership, and job satisfaction, and ultimately decrease turnover. The 12-month program offers a strategic mix of evidenced-based monthly seminars and hands-on education, peer support with seasoned nurse preceptorship and mentorship designed and led by nurse experts from across the Eisenhower Health System.



## Eisenhower Health: Twice Magnet-Recognized Organization

Magnet recognition is the highest and most prestigious international distinction a health care organization can receive for nursing excellence and outstanding patient care.

To achieve Magnet status, hospitals must apply for and undergo a rigorous, multi-faceted evaluation. They must also submit extensive documentation on how they meet Magnet standards. The process is thorough and includes extensive on-site evaluations from ANCC appraisers, and interviews with hospital staff, physicians, and patients. To ensure that hospitals with Magnet recognition continue to perform among the elite in the nursing field, they must reapply for designation every four years and provide updates annually.

Eisenhower Health received initial Magnet recognition by the American Nurses Credentialing Center Commission on Magnet® in March 2015 and attained Magnet recognition again March 2020, a testament to its continued dedication to high-quality nursing practice. Eisenhower Health will be presenting application documents in April 2024 for our third Magnet recognition.

As of December 31, 2022 there are 595 health care organizations worldwide who have achieved Magnet recognition. This represents 9.96% of hospitals in the United



States. There are 50 hospitals designated Magnet in California. Eisenhower Health remains the only designated Magnet health care organization in Riverside County (or Coachella Valley).

Statistics retrieved from:

<https://www.nursingworld.org/organizational-programs/magnet/find-a-magnet-organization/>



# The Nursing Spirit — Alive and Well at Eisenhower

