



# **Implementation Strategy**

## FY2026-FY2028

Approved by the Board of Directors June 2025

## **Table of Contents**

Introduction	2
Report Adoption, Availability and Comments	. 2
Service Area	.3
Significant Health Needs	. 3
Prioritized Health Needs the Hospital Will Address	.4
Strategies to Address Prioritized Health Needs	.4
Access to Health Care	.4
Chronic Diseases	5
Mental Health and Substance Use	.6
Preventive Practices	.7
Evaluation of Impact	. 7
Health Needs the Hospital Will Not Address	. 8

## **Implementation Strategy**

#### Introduction

Eisenhower Health is a nonprofit, comprehensive health care institution that includes the 437-bed Eisenhower Medical Center (EMC), the Barbara Sinatra Children's Center at Eisenhower and the Annenberg Center for Health Sciences at Eisenhower. The Betty Ford Center is also located on the Eisenhower campus but is an entirely independent organization. Situated on 106 acres in Rancho Mirage, and with outpatient clinics across the Coachella Valley, Eisenhower Health provides a full range of quality medical and educational services and is renowned for its Centers of Excellence in Orthopedics, Cardiovascular and Oncology.

In 2025, EMC conducted a Community Health Needs Assessment (CHNA) in compliance with state and federal regulations guiding tax-exempt hospitals, assessing the significant health needs for the hospital service area. The CHNA and Implementation Strategy help guide the hospital's community health improvement programs and community benefit activities, as well as its collaborative efforts with organizations that share a mission to improve health. This Implementation Strategy explains how Eisenhower Health plans to address the significant health needs identified by the CHNA.

#### **Report Adoption, Availability and Comments**

This Implementation Strategy was adopted by the Eisenhower Health Board of Directors in June 2025.

The CHNA and Implementation Strategy are available on the hospital's website: <u>https://www.eisenhowerhealth.org/about/assessment/</u>.

Public comment on the CHNA and Implementation Strategy is encouraged, and community input is used to inform and influence this work. Written comments can be submitted to <u>TellUs@eisenhowerhealth.org</u>.

#### Service Area

EMC is located at 39000 Bob Hope Drive, Rancho Mirage, California, 92270. The service area includes 22 ZIP Codes, representing 11 cities in Riverside County. The hospital service area was determined from the ZIP Codes that reflect a majority of patient admissions.

Cities	ZIP Codes	
Cathedral City	92234, 92235	
Coachella	92236	
Desert Hot Springs	92240, 92241	
Indian Wells	92210	
Indio	92201, 92202, 92203	
La Quinta	92247, 92248, 92253	
North Palm Springs	92258	
Palm Desert	92211, 92255, 92260, 92261	
Palm Springs	92262, 92263, 92264	
Rancho Mirage	92270	
Thousand Palms	92276	

#### **Significant Health Needs**

EMC's CHNA incorporated demographic and health data collected from a variety of local, county and state sources to present community demographics, social determinants of health, access to health care, birth characteristics, leading causes of death, acute and chronic disease, health behaviors, mental health, substance use and preventive practices. Analysis of secondary data included reporting health disparities for some health indicators. The report includes benchmark comparison data that measure the data findings as compared to Healthy People 2030 objectives, where appropriate.

Significant health needs were identified through this review of the secondary health data and validation through stakeholder surveys, which asked respondents to prioritize the significant health needs according to highest level of importance in the community. Survey participants included a broad range of stakeholders concerned with health and wellbeing in the Coachella Valley, who spoke to issues and needs in the communities served by the hospital.

The identified significant health needs included:

- Access to health care
- Chronic disease
- Dental care
- Economic instability

- Environmental pollution
- Food insecurity
- HIV/AIDS
- Housing and homelessness

- Mental health
- Overweight and obesity

- Substance use
- Unintentional injuries

• Preventive practices

## **Prioritized Health Needs the Hospital Will Address**

Eisenhower Health examined the significant health needs and prioritized them with community stakeholder input. In addition, EMC applied the following criteria to identify the significant health needs it will address:

- Existing infrastructure: There are programs, systems, staff, and support resources in place to address the issue.
- Established partners: There are established relationships with community partners to address the issue.
- Ongoing investment: Existing resources are committed to the issue. Staff time and financial resources for this issue are counted as part of our community benefit effort.

As a result, Eisenhower Health will address the following health needs through a commitment of community benefit programs and charitable resources:

- Access to health care
- Chronic diseases
- Mental health and substance use
- Preventive practices (including injury prevention)

## **Strategies to Address Prioritized Health Needs**

For each health need the hospital plans to address, the Implementation Strategy describes the following: actions the hospital intends to take, including programs and resources it plans to commit; anticipated impacts of these actions; and planned collaboration between the hospital and other organizations.

## Access to Health Care

Goal: Increase access to health care for the medically underserved.

## Strategies

- 1. Provide financial assistance through free and discounted care for health care services, consistent with the hospital's financial assistance policy.
- 2. Provide transportation support for established patients with transportation challenges to increase access to health care services.
- 3. Provide primary care services, health screenings, and vaccines.
- 4. Expand primary care options in the service area.
- 5. Communicate to service area residents how to access health care coverage options and primary care services.

#### Anticipated Impact

- Increase availability and access to health care.
- Provide financial assistance to qualified patients.
- Improve access to health care services by providing transportation assistance.
- Increase access to health education, outreach and community resources.

#### **Collaborative Partners**

- Coachella Valley Volunteers in Medicine
- Community clinics
- Eisenhower Health clinics
- Riverside County Public Health
- Schools and school districts
- Senior Center
- Youth organizations

#### **Chronic Diseases**

**Goal:** Reduce the impact of chronic diseases on health and increase the focus on chronic disease prevention and treatment education.

#### Strategies

- 1. Provide chronic disease education, screening and treatment.
- 2. Provide support groups to assist those with chronic diseases, their families and caregivers.
- 3. Provide CPR and AED training.
- 4. Provide funding support to community organizations to support chronic disease prevention and treatment.
- 5. Provide nutrition consultations.

#### Anticipated Impact

- Increase availability and access to chronic disease prevention and management.
- Increase the identification and treatment of chronic disease.
- Increase public awareness of chronic disease prevention.
- Increase compliance with chronic disease prevention and management recommendations.

## **Collaborative Partners**

- Alzheimer's Association Coachella Valley
- American Cancer Society
- American Diabetes Association
- American Heart Association

- DAP Health
- Desert Cancer Foundation
- Desert Healthcare District
- HIV & Aging Research Project Palm Springs
- Mizell Senior Center
- Neuro Vitality Center
- SongShine Foundation
- The LGBTQ Community Center of the Desert

#### Mental Health and Substance Use

**Goal:** Increase the availability of mental health and substance use services in the community.

#### Strategies

- 1. Increase community awareness of prevention efforts and availability of resources to address mental health and substance use and misuse concerns.
- 2. Improve and expand access to mental health and substance use services.
- 3. Offer community health education, community lectures, presentations and workshops focused on mental health and substance use topics.

#### **Anticipated Impact**

- Increase the availability of mental health and substance use services in the community.
- Improve screening and identification of mental health and substance use needs.
- Improve coordination among health care providers and community resources and programs.

#### **Collaborative Partners**

- Barbara Sinatra Children's Center
- Community clinics
- Hazelden Betty Ford Foundation
- Jewish Family Service of the Desert
- NAMI National Alliance on Mental Illness
- Riverside County Mental Health
- Schools and school districts
- Senior centers
- Transgender Health and Wellness Center

#### **Preventive Practices**

Goal: Improve community health through preventive health practices.

#### Strategies

- 1. Provide free health screenings.
- 2. Provide education and resources focused on healthy living and disease prevention.
- 3. Reduce unintentional injuries and falls among seniors through exercise and balance classes.
- 4. Provide funding support to community organizations to support preventive health services.

#### **Anticipated Impact**

- Increase availability and access to preventive care services.
- Increase individuals' compliance with preventive care recommendations.

## **Collaborative Partners**

- American Cancer Society
- American Diabetes Association
- American Heart Association
- Barbara Sinatra Children's Center
- Cathedral City
- City of Palm Springs
- Coachella Valley Volunteers in Medicine
- Desert Healthcare District
- Jewish Family Service of the Desert
- Joslyn Center
- Palm Springs Pride
- Riverside County Public Health
- Senior Centers
- The LGBTQ Community Center of the Desert

## **Evaluation of Impact**

Eisenhower Health will monitor and evaluate the programs and activities outlined in this Implementation Strategy. The hospital has a system that tracks the implementation of the strategies and documents the anticipated impact. The reporting process includes the collection and documentation of tracking measures, such as the number of people reached or served, and collaborative efforts to address health needs. An evaluation of the impact of EMC's actions to address these significant health needs will be reported in the next scheduled CHNA.

#### Health Needs the Hospital Will Not Address

Since Eisenhower Health cannot directly address all the health needs present in the community, we will concentrate on those health needs that can most effectively be addressed given our areas of focus and expertise. Taking existing hospital and community resources into consideration, Eisenhower Health will not directly address the remaining significant health needs identified in the CHNA, including dental care, economic instability, environmental pollution, food insecurity, housing and homelessness, and overweight and obesity.