



EISENHOWER HEALTH

# HIV AND AGING

## SYMPOSIUM 2026



Please join us.  
**HIV and Aging Symposium 2026**

**Saturday, February 7, 2026**

**8 a.m. – 1:30 p.m.**

(Doors open at 7:15 a.m. for breakfast)

Held at the  
Annenberg Health Sciences Building at Eisenhower  
39000 Bob Hope Drive  
Rancho Mirage, California 92270

### FEATURED SPEAKERS



**Scott Letendre, MD**  
HIV and Neurological Complications

Board Certified Infectious Disease specialist  
Professor of Medicine and Psychiatry  
Owen Clinic at UC San Diego Health



**Dipti Itchhaporia, MD**  
HIV and Cardiovascular Health

Board Certified Interventional Cardiologist  
Director of Disease Management,  
Hoag Heart and Vascular Institute  
Past President, American College of Cardiology



**Joshua R. Gonzalez, MD**  
Urology and Sexual Medicine

Board Certified Urologist  
Dr. Gonzalez has a private practice  
in West Hollywood, CA

**REGISTRATION INFORMATION** To attend the symposium, you may register online at [EisenhowerHealth.org/HIV](https://EisenhowerHealth.org/HIV) or scan the **QR** code on your smartphone. For updated program information, visit [EisenhowerHealth.org/HIV](https://EisenhowerHealth.org/HIV).



**SPECIAL ACCOMMODATIONS** If you need special accommodations or have questions about the symposium, please call **760-834-7956**, ext. **7956**, or email [bklein@eisenhowerhealth.org](mailto:bklein@eisenhowerhealth.org) and [cbriones@eisenhowerhealth.org](mailto:cbriones@eisenhowerhealth.org). For Omni Resort Hotel Room Booking scan the **QR** code link.

Use Corporate Code 45198485030  
or call 760-834-2121

Ref: 'Eisenhower' for the discounted room rate for attendees.



**TARGET AUDIENCE** This educational activity has been targeted toward the members of the frontline team caring for persons with or at risk of acquiring HIV. This could include physicians, advanced practice nurses/NPs, PAs, pharmacists. In-person participants will receive CE credit. Zoom viewers will not receive CE Credit.

**COURSE DESCRIPTION** Please join Eisenhower Health for our half-day symposium focusing on advances in HIV Care in the Aging Population. This educational activity will cover advances in HIV/AIDS medicine, focusing on issues related to HIV patient care in the aging population and offering an opportunity to interact with leaders in this ever-evolving specialty.

Visit the beautiful  
Palm Springs area  
in the Coachella Valley





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### LEARNING OBJECTIVES

At the conclusion of the symposium, learners should be better able to communicate and collaborate with their care team to:

- Discuss current guidelines for screening, interpretation of test results, and treatment options for prostate cancer.
- Recognize the causes, appropriate evaluation, and treatment of erectile dysfunction in HIV-positive patients.
- Screen, identify, and manage anal dysplasia in HIV-positive patients for early detection and prevention of anal cancer.
- Identify the signs, causes, and management of hypogonadism in HIV-positive patients.
- Recognize and address substance use in HIV-positive patients to improve health outcomes and support long-term HIV care engagement.
- Explain the increased risk of cardiovascular disease in HIV-positive patients including the role of chronic inflammation, antiretroviral therapy and traditional risk factors.
- List the current long-acting injectable treatment options for HIV treatment and prevention.
- Recognize, evaluate, and manage common neurological complications in HIV-positive patients.

### ACCREDITATION AND CERTIFICATION



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, the Annenberg Center for Health Sciences at Eisenhower (Annenberg Center) is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

**Physicians:** The Annenberg Center designates this live activity for a maximum of 5.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nurse Practitioners/Nurses:** The Annenberg Center designates this live activity for a maximum of 5.75 ANCC contact hours, including pharmacology hours.

**Physician Assistants:** The Annenberg Center for Health Sciences at Eisenhower has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 5.75 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.



**Pharmacists:** The Annenberg Center for Health Sciences at Eisenhower designates this knowledge-based activity for a maximum of 5.75 hours. Credit will be provided to the NABP CPE Monitor within 60 days after the activity completion.

### DISCLOSURE OF CONFLICTS OF INTEREST

All individuals in control of the content of continuing education activities provided by the Annenberg Center for Health Sciences at Eisenhower are required to disclose to the audience all relevant financial relationships related to the content of the presentation or enduring material. Full disclosure of all relevant financial relationships will be made in writing to the audience prior to the activity.

The Annenberg Center assesses relevant financial relationships with its instructors, planners, managers, and other individuals who are in a position to control the content of CE activities. All relevant financial relationships that are identified are mitigated by the Annenberg Center for fair balance, scientific objectivity of studies utilized in this activity, and patient care recommendations. The Annenberg Center is committed to providing its learners with high-quality CE activities and related materials that promote improvements or quality in healthcare and not a specific proprietary business interest of a commercial interest.

All members of the planning committee have no relevant financial relationships to disclose, except: Dr. Rodriguez – Speakers Bureau: Gilead Sciences.

All of the relevant financial relationships disclosed during this symposium have been mitigated.

All presentations are recommended for both healthcare professionals and public attendance.

**Annenberg Center for Health Sciences Privacy Policy:** Annenberg Center for Health Sciences respects your privacy. We don't share information you give us or have the need to share this information in the normal course of providing the services and information you may request. If there should be a need or request to share this information, we will do so only with your explicit permission. See Privacy Statement and other information at <https://annenberg.net/pages/privacyPolicy.php>



EISENHOWER HEALTH



ANNENBERG CENTER  
FOR HEALTH SCIENCES  
AT EISENHOWER

*Imparting knowledge. Improving patient care.*

**Note: Evaluation must be completed by March 7, 2026 to receive credit for your attendance.**  
**Questions? Please contact us at 760-773-4500 or [contactce@annenberg.net](mailto:contactce@annenberg.net).**

# AGENDA

We are honored to feature a distinguished group of speakers whose expertise and commitment continue to shape the landscape of HIV care and prevention.

## TOPICS AND SPEAKERS

**Saturday, February 7, 2026**

(The schedule is subject to change)

**Registration and Breakfast**.....7:15 – 7:45 a.m.

**Introduction and Welcome:**.....7:50 – 8 a.m.

Carl Enzor, BSN, RN

Jorge Rodriguez, MD, “HIV/AIDS: Where We Have Been”

**Aging and Brain Health in People with HIV**.....8 – 8:40 a.m.

Scott Letendre, MD

**Aging with HIV and Addiction: Challenges and Opportunities**.....8:40 – 9:10 a.m.

Eduardo Javier, MD, and Karen Antwiler, MD

**Diagnostic Approach to Hypogonadism in HIV**.....9:10 – 9:40 a.m.

Alex del Rosario, MD

**HIV and Women**.....9:40 – 10:10 a.m.

Ann Stapleton, MD

**BREAK**.....10:10 – 10:25 a.m.

**Anal Dysplasia Overview – Prevention, Diagnosis,  
and Treatment in HIV Aging Population**.....10:25 – 10:55 a.m.

Jason Kauffman, DO

**Optimizing Urological and Sexual Health in the HIV Aging Male** .....10:55 – 11:35 a.m.

Joshua Gonzalez, MD

**Intersection of HIV and Cardiovascular Disease**.....11:35 a.m. – 12:15 p.m.

Dipti Itchhaporia, MD

**Overview of Long-Acting Injectables in HIV Treatment and Prevention**.....12:15 – 12:35 p.m.

Jorge Rodriguez, MD

**LUNCH**.....12:35 – 1:20 p.m.

**HIV and Aging Speaker’s Panel**

Scott Letendre, MD, Joshua Gonzalez, MD, and Alex del Rosario, MD

**“HIV/AIDS: Where We are Going”**.....1:20 – 1:35 p.m.

Jorge Rodriguez, MD

**CLOSING / THANK YOU**

Jorge Rodriguez, MD, and Carl Enzor, BSN, RN

**ADJOURN**

### Planning Committee 2026

Jeff Bach, BSN, Admin  
Carl Enzor, BSN, RN  
PJ Fontanarosa, RPH  
Louis Guitron, FNP  
Brett Klein, PR/Admin

Jorge Rodriguez, MD  
Melissa Velasquez (ACHS)  
Tricia Wilson, MS, CHCP

### FACULTY (speakers)

Karen Antwiler, MD  
Alex del Rosario, MD  
Eduardo Javier, MD  
Jorge Rodriguez, MD  
Ann Stapleton, MD

Scott Letendre, MD  
Jason Kauffman, DO  
Joshua Gonzalez, MD  
Dipti Itchhaporia, MD



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The following biographies highlight their professional achievements, areas of specialization and the important contributions they bring to the symposium.



### **Scott Letendre, MD**

Scott Letendre, MD, is an infectious disease specialist who provides medical care at Owen Clinic at UC San Diego Health, one of America's top HIV care programs. He has also provided care for people with HIV and other infectious diseases in the hospital setting. Dr. Letendre specializes in understanding how chronic viral infections such as HIV, herpes viruses, and viral hepatitis affect brain health, including memory, learning, and depression. He also investigates how well antiretroviral therapy (ART) medications penetrate into the nervous system. More recently, he has begun investigating how the premature aging that can occur in people with HIV affects the brain.

Dr. Letendre is currently a Professor of Medicine and Psychiatry at UC San Diego. He completed a fellowship in infectious disease at Duke University School of Medicine as well as a fellowship in neurologic HIV research at UC San Diego. He completed residency training in internal medicine at the Naval Medical Center, San Diego. He earned his medical degree from Georgetown University School of Medicine.



### **Dipti Itchhaporia, MD**

Dipti Itchhaporia, MD, is an Interventional Cardiologist and the Eric & Sheila Samson Endowed Chair in Cardiovascular Health. She serves as Director of Disease Management at the Hoag Heart and Vascular Institute and is a Clinical Professor at UC Irvine. Dr. Itchhaporia made history as the 70th President of the American College of Cardiology (ACC), becoming the first South Asian American to hold the position.

A leader in cardiovascular health, Dr. Itchhaporia is actively involved in clinical trials focused on digital health devices that aim to advance health equity and transform healthcare delivery. She has played key roles in national and state initiatives, including the ACC's Health Equity Task Force, the PCORI Advisory Panel, and the California's Cardiovascular Disease Master Plan. She has also contributed to innovation in cardiology through her work with the ACC Innovation Committee and as a board member of the World Heart Federation. Additionally, she serves as an associate editor for JACC: Advances. She has received numerous accolades, including Master of the ACC and Cardiologist of the Year (California ACC, 2021). A fellow of several prestigious professional societies, Dr. Itchhaporia is widely recognized as a leading voice in the field of cardiology.



### **Joshua R Gonzalez, MD**

Joshua R Gonzalez, MD, is a Board Certified Urologist who is fellowship-trained in Sexual Medicine and specializes in the management of male and female sexual dysfunctions. He is co-founder of Popstar Labs, a sexual wellness brand focused on promoting the importance of sexual health for all. Dr. Gonzalez completed his medical education at Columbia University and his urological residency at the Mount Sinai Medical Center. Throughout his career, Dr. Gonzalez has focused on advocating for sexual health and providing improved healthcare to the LGBTQ+ community.

Dr. Gonzalez serves as an official Sexual Health Advisor to Astroglide Lubricants. He has served on the board of directors for the International Society for the Study of Women's Sexual Health. He has appeared on The Doctors television show, has been featured in Vogue magazine, and is a medical contributor to Men's Health, Cosmopolitan, and Oprah magazines. Dr. Gonzalez continues to build a robust following on his Instagram and TikTok where he uses social media to educate the public on sexual health.





### **Karen Antwiler, MD**

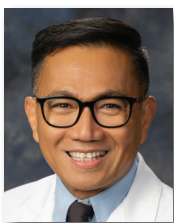
Karen Antwiler, MD, is Board Certified in Family Medicine and Addiction Medicine, caring for patients at the Eisenhower Charles Rechlin Outpatient Treatment Center in Cathedral City, CA. After completing medical school, Dr. Antwiler completed a residency in Family Medicine as well as a fellowship in Addiction Medicine at Eisenhower Medical Center. In her practice she focuses on treating the whole person rather than a disease, stating, "It is key to listen to the patient and understand what motivates them. Each person is unique and creating an individualized treatment plan aimed at successful outcomes is foundational to a patient recovering and gain wellness."



### **Alex del Rosario, MD**

Alex del Rosario, MD, has more than 20 years of providing medical care to adults with a special emphasis in treating patients with HIV/AIDS. Dr. del Rosario is an HIV specialist with certification from the American Academy of HIV Medicine.

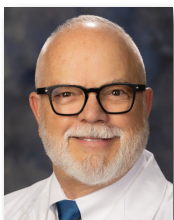
Dr. del Rosario completed his Bachelors of Arts degree in physiology at the University of California, Berkeley before attending medical school at Hahnemann University School of Medicine in Philadelphia. After medical school, he completed his residency in Internal Medicine at California Pacific Medical Center, San Francisco.



### **Eduardo Javier, MD**

Eduardo Javier, MD, is Board Certified in Internal Medicine and Addiction Medicine, seeing patients both through inpatient consultation and as outpatients. He serves as the Program Director for Eisenhower Health's fellowship program in Addiction Medicine at the Eisenhower Charles Rechlin Outpatient Treatment Center.

After receiving his medical degree in the Philippines, Dr. Javier completed a residency program in internal medicine from St. John's Episcopal Hospital in New York. After working for several years as a hospitalist, Dr. Javier became interested in addition medicine and completed a fellowship program in this specialty at Loma Linda University Medical Center and the Betty Ford Center, a part of the Hazelden Betty Ford Foundation.



### **Jorge Rodriguez, MD**

Jorge Rodriguez, MD, AAHIVS, is Board Certified in Internal Medicine and a Gastroenterologist, with a special interest in HIV clinical care and research. Dr. Rodriguez focuses on a "preventive medicine model," uniting all facets of health in his practice – physical, emotional and spiritual and appears frequently as a medical expert and guest on television news and talk shows. Dr. Jorge E. Rodriguez has practiced medicine for more than 40 years and is Medical Director, HIV Services at Eisenhower Health and a primary care physician and also Medical Director at Eisenhower Health Center at Rimrock in Palm Springs, CA where he collaborates with other doctors and specialists in the other doctors and specialists at Eisenhower Health.



### **Ann Stapleton, MD**

Ann Stapleton, MD, is Board Certified in Internal Medicine and Infectious Disease. After graduating from Harvard University with a degree in biology, Dr. Stapleton completed her medical degree from Albert Einstein College of Medicine, a joint entity between Montefiore Medical Center and Yeshiva University in New York. She then completed an internal medicine residency program at the University of California, San Francisco followed by a fellowship in infectious diseases at the University of Washington, Seattle.

As a young physician in the 1980s during the HIV/AIDS epidemic, Dr. Stapleton first became a primary care doctor for people living with HIV and she has witnessed the successful progress in the management of this condition. For most of her career, Dr. Stapleton has been a physician at a university hospital conducting research, teaching medical students and treating patients. Dr. Stapleton's research program for the last 30+ years has focused on the causes, prevention and treatment of urinary tract infections (UTI).



### **Jason Kauffman, DO**

Jason Kauffman, DO, is a Board Certified in Family Medicine and is ANCHOR-certified in High Resolution Anoscopy (HRA). His practice focuses on HRA and providing health care to the LGBTQ+ community, and he is seeing patients at the Eisenhower Health Center at Rimrock in Palm Springs.

After completing medical school at Touro University in Vallejo, California, Dr. Kauffman completed a family medicine residency program at the University of Arizona, Tucson. He trained at the University of San Francisco Anal Neoplasia Clinic Research and Education Center, managing the most complicated patients in the practice by taking them to surgery.