

# IS IT AN EMERGENCY, OR JUST AN URGENCY?

When to call an ambulance, go to the emergency room, or visit urgent care.

When seeking medical care, taking a minute before deciding where to go can mean better, more efficient care for everyone. And it can even save your life!

## Eisenhower Urgent Care

We operate three facilities designed to treat patients on a walk-in basis:

- Fractures, sprains, cuts and scrapes, rashes and minor injuries
- Infections, including those of the ear, throat, sinus and urinary tract
- Cold, flu and fever
- Suture removal or wound check

Each location also provides routine vaccinations and school physicals. The facilities offer onsite laboratory capabilities such as urinalysis, influenza screening, pregnancy testing and glucose monitoring. Onsite radiology services allow for quick diagnosis of fractures and sprains. If needed, patients may be referred to a physician for specialized medical care or hospitalization.

**To reach one of our three urgent care locations, call 760-834-3593.**

### Rancho Mirage

72780 Country Club Drive  
Building B, Suite 203

### Palm Springs

Eisenhower Health Center at Sunrise  
151 South Sunrise Way, Suite 300

### La Quinta

Eisenhower George and Julia  
Argyros Health Center  
45280 Seeley Drive

## Eisenhower Tenny Emergency Department

We are a designated Stroke Center, as well as an accredited Chest Pain Center, and we are equipped to treat acute injuries and illness.

**Call 911 if you suspect heart attack, stroke or any other life-threatening emergency!**

## Ambulance Transportation

In a life-threatening emergency, the sooner a patient is treated, the better the chances of survival. In our area, an ambulance typically arrives in five minutes or less, bringing vital equipment and trained medics who can stabilize a patient and begin some treatments before even reaching the hospital.

It's a common misconception that driving a loved one to the emergency room is faster or better — in fact, when it comes to life-threatening symptoms, the opposite is true.

For more information about Eisenhower's services, visit [emc.org](http://emc.org).



**EISENHOWER  
MEDICAL CENTER**

*Health Care As It Should Be*

# Where to go for immediate medical care



SYMPTOM	URGENT CARE	EMERGENCY	911/AMBULANCE
Minor fractures and sprains	★		
Head injuries		★	
Infections, cold or flu	★		
Fever under 105°F	★		
Fever over 105°F		★	
Cuts needing stitches	★		
Bleeding that won't stop		★	
Bad or worsening medication reaction, overdose or poisoning		★	
Worsening reaction to an insect bite	★		
<b>Possible heart attack*</b> <ul style="list-style-type: none"> <li>• Chest pain/discomfort</li> <li>• Sudden dizziness/weakness</li> <li>• Heartburn, nausea or abdominal pain</li> <li>• Difficulty breathing</li> <li>• Pounding heart/change in heart rhythm</li> </ul> <p><i>*In women, signs of a heart attack are less severe and often not accompanied by chest pain or discomfort.</i></p>			★
<b>Potential stroke</b> <ul style="list-style-type: none"> <li>• Sudden numbness or weakness of the face, arm or leg, especially on one side of the body</li> <li>• Sudden confusion, trouble speaking or understanding</li> <li>• Sudden trouble walking, dizziness or loss of balance/coordination</li> <li>• Sudden trouble seeing out of one or both eyes</li> <li>• Sudden, severe headache with no known cause</li> </ul>			★

Infants younger than three months should be seen in the emergency department, not in urgent care.